Mission: To promote hope, recovery, resilience, quality of life and wellness in Washtenaw County by providing high quality, integrated services to eligible individuals.

WASHTENAW COUNTY COMMUNITY MENTAL HEALTH (WCCMH) MILLAGE ADVISORY COMMITTEE (MAC) MEETING AGENDA

This meeting will be held by video conference due to the recent State of Michigan legislature allowing public boards and commissions to meet virtually.

https://zoom.us/j/92050458185

February 8, 2021
4:00-5:00pm

I. Roll Call (5 minutes)

II. Introductions (5 minutes)

III. Audience Participation (see guidelines below) (5 minutes)

IV. Millage Advisory Committee minutes **ACTION** (5 minutes)
- Millage Advisory Committee meeting minutes and actions 1/11/21 (Attachment #1)

V. Discussion Items (5 minutes)
- Millage Process, Investments, and Progress Update (Attachment #2) **L. Gentz/T. Cortes**

VI. Financial Budget Update (5 minutes)
- Financial Budget Update (Attachment #3) **N. Phelps**

VII. Old Business (5 minutes)
- Washtenaw County Sheriff's Office (WCSO) Millage Update **D. Jackson**

VIII. New Business (20 minutes)
- CCBHC Update (Attachment #4) **M. Harding/T. Cortes**
- Youth Assessment Center Update **L. Gentz/ T. Cortes**
- WISD Trauma Proposal Discussion (Attachment #5) **S. Hierman**
- Youth Needs Discussion **L. Gentz/T. Cortes**

IX. Items for Future Discussions (5 minutes)
- Youth Assessment Center
- Millage Investment Plan

X. Adjournment

The link to attend this meeting remotely is https://zoom.us/j/92050458185

Or join by phone:
Dial(for higher quality, dial a number based on your current location):
US: +1 929 205 6099 or +1 267 831 0333 or +1 312 626 6799 or +1 646 518 9805

Webinar ID: 920 5045 8185

International numbers available: https://zoom.us/u/acPdVekwY5

Audience Participation Guidelines:
- Three (3) minutes are allowed per speaker
- Speakers are asked to bring a copy of their concerns/comments in writing
- Resolutions on issues will be brought to the appropriate committee as necessary

WASHTENAW COUNTY COMMUNITY MENTAL HEALTH AGENCY (WCCMH)
WCCMH MILLAGE ADVISORY COMMITTEE MEETING MINUTES *DRAFT*
This meeting was held by video conference due to the recent State of Michigan legislature allowing public boards and commissions to meet virtually.
https://zoom.us/j/97676517841
January 11, 2021
4:00pm

N. Graebner started the meeting at 4:03 pm.

ROLL CALL:

A. Carlisle attending remotely from Ann Arbor, Washtenaw County, MI
A. Dusbiber attending remotely from Ann Arbor, Washtenaw County, MI
N. Graebner attending remotely from Chelsea, Washtenaw County, MI
H. Heaviland attending remotely from Ann Arbor, Washtenaw County, MI
D. Jackson attending remotely from Ypsilanti Township, Washtenaw County, MI
B. King attending remotely from Ann Arbor, Washtenaw County, MI
J. Martin attending remotely from Scio Township, Washtenaw County, MI
R. Rion attending remotely from Ann Arbor, Washtenaw County, MI
G. Waddles attending remotely from Ypsilanti, Washtenaw County, MI
K. Walker attending remotely from Pittsfield Township, Washtenaw County, MI

MEMBERS ABSENT: K. Scott

STAFF PRESENT: T. Cortes, M. Harding, L. Gentz, S. Lefferts, N. Phelps, R. Dornbos, T. Florence, M. Tasker

OTHERS PRESENT: E. Spanier, G. Powers, B. Higman, G. Nelson, J. Gardner, R. Jefferson

I. Introductions
- None

II. Audience Participation
- None

III. Committee Response to Audience Participation
- None

IV. Millage Advisory Committee Minutes and Actions from 12/14/20
- Millage Advisory Committee Minutes and Actions of 12/14/20 were reviewed.

MOTION BY G. WADDLES, SUPPORTED BY A. DUSBIBER TO APPROVE THE MINUTES AND ACTIONS FROM THE DECEMBER 14, 2020 MILLAGE ADVISORY COMMITTEE MEETING AS PRESENTED.

ROLL CALL VOTE:

CARLISLE	**Y**	**DUSBIBER**	**Y**
GRAEBNER	**Y**	**HEAVILAND**	**Y**
JACKSON	**Y**	**KING**	**Y**
MARTIN	**Y**	**RION**	**Y**
SCOTT	**N/A**	**WADDLES**	**Y**

WALKER	**Y**		

MOTION CARRIED

V. Discussion Items

- Millage Process, Investments and Process Update
  - L. Gentz reviewed the Millage Process, Investments and Progress Update document with the committee.

- CARES Program Update
  - M. Tasker presented the CARES Program update and dashboard to the committee through December 2020.
  - December 2020 had 294 active cases with 28 admissions and 48 discharges.
  - 46 new referrals for December 2020.
  - Emergency contact notes for the month were 103.
  - Typical length of stay continues to be a little over 3 months.
  - 25-29 age bracket continues to be the highest age group served.
  - 48198 and 48197 zip codes make up most of the open CARES cases.
  - The phone system is underway and fully implemented. This will help to track more data and there should be more information to present in the March report.
  - Data is showing that hospitalization cases have dropped due to the CARES program.
  - A request was made to include the Latino/Mexican population in future dashboard reports.

VI. Financial Budget Update

- N. Phelps presented the Financial Budget update to the committee.
- The Millage and CCBHC Grants budget to actuals are presented through the month of November 2020, this represents 11 months of the millage fiscal year of 2020.
- The millage budget is trending well, and we are not anticipating any issues meeting the commitments thus far.
- WCCMH was awarded a no-cost extension for the CCBHC year-1 grant that will be applied to CCBHC year-3.

VII. Old Business

- Washtenaw County Sheriff's Office (WCSO) Millage Update
  - D. Jackson presented the WCSO Update to the committee.
  - Approximately 12% of the WCSO side of the millage funding is going towards the upgrades for the Dispatch Center at the Zeeb Road location.
  - The Dispatch Center currently covers over 90% of Washtenaw County.
  - Estimated move in date for the Dispatch Center is this summer.

- Communications Plan
  - L. Gentz from WCCMH, E. Spanier and G. Powers from CHRT discussed the communications plan presentation.
  - 2020 costs for millage communications were:
    - .25 FTE
    - Advertising and external costs=~$5,000
    - Total expenses=~$38,000
  - 3 scenarios were presented for future 2021 and beyond communications plan.

- Scenario A
    a. Increase staff allocation to 1.25 FTE
    b. Advertising and external costs=$144,903
    c. Total expenses=$282,888
- Scenario B
    a. Increase staff allocation to .75 FTE
    b. Advertising and external costs=$104,324
    c. Total expenses= $200,958
- Scenario C
    a. Increase staff allocation to .5 FTE
    b. Advertising and external costs =$62,227
    c. Total expenses =$123,817

MOTION BY B. KING, SUPPORTED BY D. JACKSON, TO MOVE FORWARD WITH THE PROPOSED MILLAGE COMMUNICATIONS PLAN SCENARIO A.

ROLL CALL VOTE:

CARLISLE	**Y**	**DUSBIBER**	**Y**
GRAEBNER	**Y**	**HEAVILAND**	**Y**
JACKSON	**Y**	**KING**	**Y**
MARTIN	**Y**	**RION**	**Y**
SCOTT	**N/A**	**WADDLES**	**Y**
WALKER	**Y**		

MOTION CARRIED

VIII. New Business
- Juvenile Justice Diversion Update
    - L. Gentz presented the Juvenile Justice Diversion presentation to the committee.

IX. Items for Future Discussion
- Youth Assessment Center
- Millage Investment Plan

MOTION BY A. DUSBIBER, SUPPORTED BY A. CARLISLE TO ADJOURN THE MILLAGE ADVISORY COMMITTEE MEETING.

X. Meeting adjourned at 5:07 pm.

ATTACHMENT #2
FEBRUARY 2021

Millage Process, Investments and Process Update- February 2021

Housing RFP- All projects are underway. 6-month report delayed until March 2021.

WISD Mini Grants/31 N- 20 school projects have been funded with a total of $61,804.08 being awarded. Schools all across the county- Ann Arbor public, Lincoln, Dexter, Milan, Saline, Chelsea, Whitmore Lake, and YCS all applied. Projects range from yard sign campaign to mental health screening support and coping skills enhancements.

MHFA Education initiatives- Meeting with the group of trainers to establish needs and determine training dates for a proposed rollout of March 2021. Co-planning with WISD to coordinate youth and adult rollout.

Anti-Stigma Campaign- Coordination meeting occurred campaign materials relaunched and additional billboards and ads coming out soon. Campaign materials continue to be utilized by school systems.

Justice initiatives:

Youth Center MHP- Position in place and going well.

LEAD- Continuing to meet with National Support Bureau and completing outcomes for the project. Grant funding received to assist with some of the key positions to implement the program.

Community Response to MH crisis- Initial discussions have occurred and ultimate outcomes are being developed my WCSO/CMH team- **no updates**

Jail MAT- Implementation date January 18, 2021.- **no updates**

Rethink Health/5 Healthy Towns- Stewardship council meets in February to discuss potential project of community wide information dissemination campaign and service connection.

NAMI- Continuing special community education initiative with millage funding focusing on Ypsilanti and Whitmore Lake. They have completed key informant interviews, 5 community conversations and continuing to connect to the faith-based community. They also received grant funds to assist Rethink Health/5 towns to coordinate faith-based leaders in the 5 towns region. Scope of work for this project is in draft with meeting scheduled in 2nd week of February to develop further. Facebook live event being planned focusing on the Ypsilanti Community and in partnership with MBK.

SUD Systems Change-

Co-occurring RFP for Juvenile Court- award was not received but we are very excited to collaborate with the new provider Black Family Development, Inc.

Millage Communication Strategy- Funding Level A approved. Newsletter coming out in the next week.

CARES/Crisis/750- No report this month.

Washtenaw County Community Mental Health
Millage and CCBHC Grants Budget to Actuals
For the Twelve Months Ending December 31, 2020

Millage Budget

	Annual Budget	Budget YTD	YTD Actual	YTD Actual O/(U) YTD Budget
Millage Revenue				
Millage	$ 6,519,513	$ 6,519,513	$ 6,472,830	$ (46,683)
Millage Interest Revenue	-	-	74,661	74,661
	$ 6,519,513	$ 6,519,513	$ 6,547,491	$ 27,978
Millage Expenses				
Salary	$ 2,395,000	$ 2,395,000	$ 2,012,908	$ (382,092)
Fringe	1,339,513	1,339,513	1,002,118	(337,395)
Contractors	1,500,000	1,500,000	882,906	(617,094)
Trainings	140,000	140,000	231	(139,769)
Operating Expenses	782,500	782,500	383,867	(398,633)
Fleet Charges	60,000	60,000	3,904	(56,096)
Client Care	78,500	78,500	36,542	(41,958)
Cost Allocation Plan	25,000	25,000	-	(25,000)
Furniture & Equipment	100,000	100,000	-	(100,000)
Depreciation Expense	10,000	10,000	-	(10,000)
Telephone	50,000	50,000	18,640	(31,360)
All Other Expenses	39,000	39,000	3,885	(35,115)
Total Millage Expenses	$ 6,519,513	$ 6,519,513	$ 4,345,001	$ (2,174,512)
Revenue Over/(Under) Expenses		-	2,202,490	2,202,490

*** Millage Fund Balance at the close of 2019 is $2,972,557
*** Preliminary close out of 2020 shows a Fund Balance contribution of $2,202,490 for a preliminary total of $5,175,047

CCBHC Grants

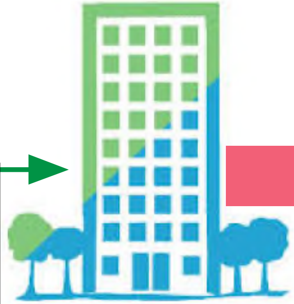
January 2020 - December 2020	Annual Budget	Budget YTD	YTD Actual	YTD Actual O/(U) YTD Budget
CCBHC #1 - Year 2 Grant Revenue	$ 2,154,158	$ 2,154,158	$ 1,645,339	$ (508,819)
CCBHC #1 - Year 2 Grant Expenses				
Salary	$ 1,065,417	$ 1,065,417	$ 925,898	$ (139,519)
Fringe	742,991	742,991	543,497	(199,494)
Trainings	35,986	35,986	-	(35,986)
Telephone	12,429	12,429	14,317	1,888
Operating Supplies	245,335	245,335	160,321	(85,014)
Client Care	52,000	52,000	1,305	(50,695)
Total Expenses	$ 2,154,158	$ 2,154,158	$ 1,645,339	$ (508,819)
Revenue Over/(Under) Expenses		-	-	-

May 2020 - December 2020	Annual Budget	Budget YTD	YTD Actual	YTD Actual O/(U) YTD Budget
CCBHC #2 - Year 1 Grant Revenue	$ 1,280,809	$ 1,280,809	$ 923,216	$ (357,593)
CCBHC #2 - Year 1 Grant Expenses				
Salary	$ 693,551	$ 693,551	$ 554,942	$ (138,609)
Fringe	423,066	423,066	278,303	(144,763)
Trainings	3,876	3,876	-	(3,876)
Telephone	7,987	7,987	5,801	(2,186)
Operating Supplies	132,329	132,329	84,112	(48,217)
Client Care	20,000	20,000	58	(19,942)
Total Expenses	$ 1,280,809	$ 1,280,809	$ 923,216	$ (357,593)
Revenue Over/(Under) Expenses		-	-	-

2016 CMH Service Delivery

Referral Sources

- Individual in Crisis
- Family Members
- Community Provider
- Justice System
- Schools



WCCMH
Access

72 Hours

Severity

Severe
MI Adult or Child
IDD

WCCMH

Assertive Community Treatment (ACT)
Psychiatry
Nursing
Case Management
Crisis Services
Homebased
Medication Management
Peer Services
Crisis Stabilization
Supports Coordination
Treatment Planning
Therapy
Wraparound

Contracted

Applied Behavioral Analysis
Clubhouse Psycho Social Rehab
Community Living Supports
Drop in Services
Fiscal Intermediary
Inpatient Hospitalization
Respite
Specialized Residential

*not limited to

WCCMH & Contracted

Skill Building
Supported Employment

2020 WCCMH Service Delivery

Referral Sources

- Individual in Crisis
- Family Members
- Community Provider
- Justice System
- Schools

WCCMH Access

72 Hours

23.5 Hour Observation

Case Management
Psychiatry
Medication Management
Nursing Services
Psychotherapy
Peers

Severity

Mild to Moderate
MI Adult or Child

CARES

Ongoing:
Case Management
Psychiatry
Medication Management
Nursing Services
Psychotherapy
Peers

Coordination

Community Partners*

Packard
Corner Health
St. Joseph Chelsea
Ypsilanti Family Practice
Law Enforcement
HVA
Shelter Association
Ozone House
Avalon
Juvenile Justice System
WISD/ School Districts

*not limited to

Stabilization

Severe
MI Adult or Child
IDD

WCCMH

Assertive Community Treatment (ACT)
Psychiatry
Nursing
Case Management
Crisis Services
Homebased
Medication Management
Peer Services
Crisis Stabilization
Supports Coordination
Treatment Planning
Therapy
Wraparound

Contracted *

Applied Behavioral Analysis
Clubhouse Psycho Social Rehab
Community Living Supports
Drop in Services
Fiscal Intermediary
Inpatient Hospitalization
Respite
Specialized Residential

*not limited to

WCCMH & Contracted

Skill Building
Supported Employment

Funding Color Key

CMH Proper
CCBHC
Millage
Millage & CCBHC

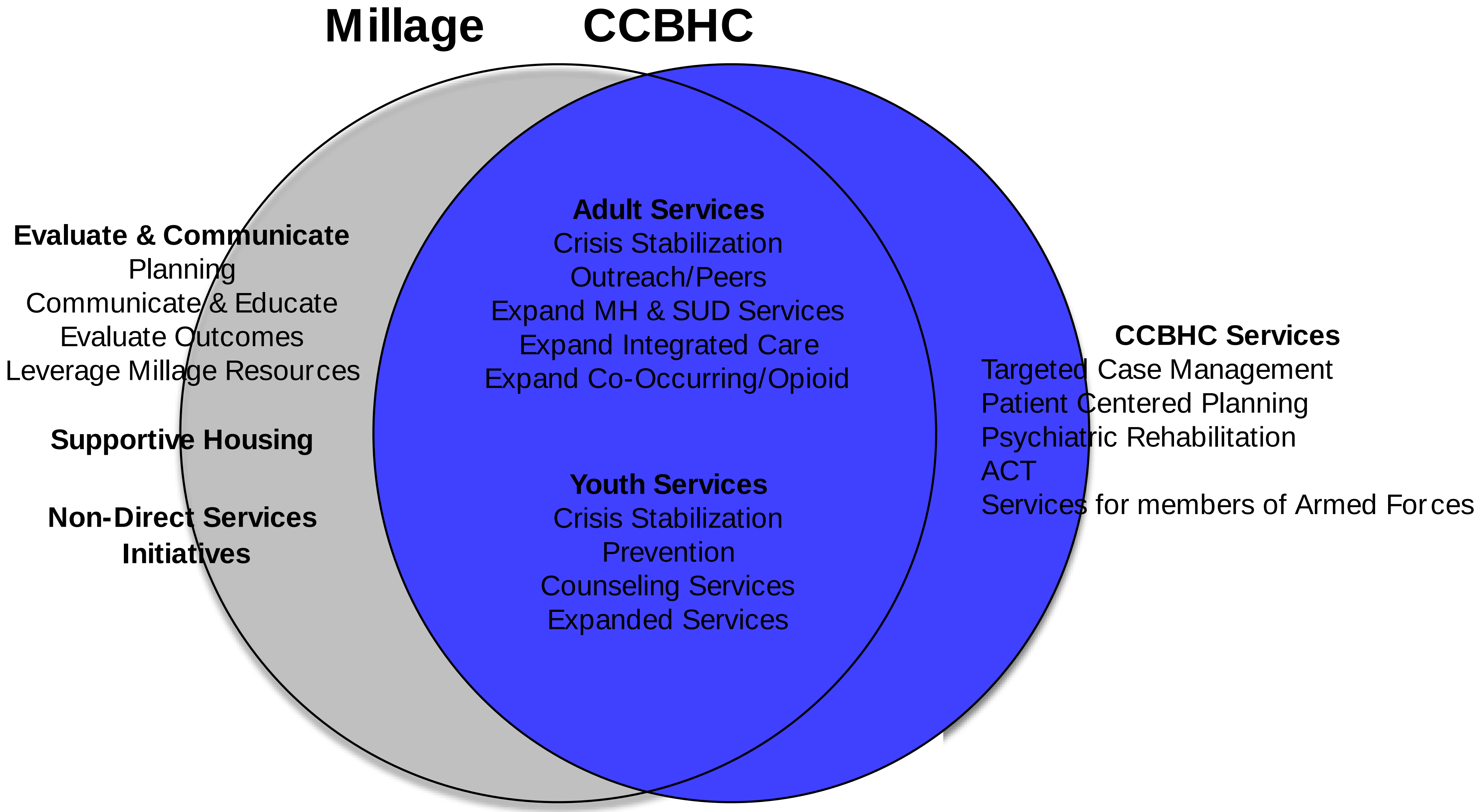
Millage

Adult Services
Crisis Stabilization
Outreach/Peers
Expand MH & SUD Services
Expand Integrated Care
Expand Co-Occurring/Opioid
Supportive Housing

Youth Services
Prevention
Counseling Services
Expand Services

CCBHC

Adult and Youth Services
24 Hour Crisis
Emergency Crisis Intervention
Crisis Stabilization
Screening, Assessment & Diagnosis
Patient Centered Planning
Risk Assessment
Crisis Planning
Outpatient Mental Health & Substance Use Disorder
Primary Care Screening and Monitoring of Key Health
Targeted Case Management
Psychiatric Rehabilitation
PEER Support
ACT
Services for members of Armed Forces


Millage
CCBHC
Evaluate & Communicate
Planning
Communicate & Educate
Evaluate Outcomes
Leverage Millage Resources
Supportive Housing
Non-Direct Services
Initiatives
Adult Services
Crisis Stabilization
Outreach/Peers
Expand MH & SUD Services
Expand Integrated Care
Expand Co-Occurring/Opioid
Youth Services
Crisis Stabilization
Prevention
Counseling Services
Expanded Services
CCBHC Services
Targeted Case Management
Patient Centered Planning
Psychiatric Rehabilitation
ACT
Services for members of Armed Forces

Washtenaw County Trauma Proposal
January 8, 2021

The Washtenaw Intermediate School District (WISD) is pleased to submit a request to support continued mental health work with young people across the county. Using funds available through the State of Michigan, WISD has begun to engage in the following work under the premise of developing a Training of Trainers (ToT) model to include the following clinically related strategies to support youth mental health;

Handle With Care
TRAILS
Youth Mental Health First Aid (YMHFA)

In order to effectively implement these strategies, available state funds were used to provide coordination of training logistics, including recruitment or district personnel to participate in training, vendor contract negotiation and logistics, training logistics including registration management, material dissemination, monitor training completion, and provide ongoing facilitative support. To accomplish all of this work, WISD redeployed a current employee- with funding for the work supported by these state funds- to implement these programs. This individual worked tirelessly to cultivate relationships and manage the logistics on training. Throughout the pandemic, she provided much needed coordination of district crisis team leadership to identify ways in which to support districts and public school academies (PSAs) with mental health related concerns. This resulted in the curation, organization, and accessibility of appropriate materials to staff and parents across the county.

Funding available to support this employee's efforts will conclude June 30, 2021, yet the WISD is positioned to bring to scale YMHFA, continue to coordinate the implementation of the TRAILS trainings, particularly scaling TRAILS to include upper elementary staff, and continuing the critical work of managing Handle With Care. WISD would like to request multi-year funding to support the Program Manager position to continue to implement the aforementioned evidence-based practices in Washtenaw County schools and coordinate support and identify ongoing needs through continued leadership with the crisis team leads. This request is to bring the position to a 1.0FTE to support these efforts.

In addition to these mental health initiatives, WISD has been working closely with Starr Commonwealth to implement Trauma-Informed Resilient Schools training in partnership with Ypsilanti Community Schools and with the WISD Progress Park program. In order to bring this program to scale on a countywide basis, WISD is proposing a request to fund a .5FTE coordinator to support the coordination of training logistics, including monitoring of training requirement completion and certifications, develop and coordinate the implementation strategy, and create cohort networks of support to ensure continuity and sustainability of the program long-term. The request also includes funding to support the completion of the second required class in the Starr Commonwealth model, Resetting for Resilience (RFR). While the first class has no associated fee, RFR has a cost of $50/person. WISD would like to propose a request to Community Mental Health for funding to support the $50/person cost required to train all staff in each of the nine school districts in Washtenaw County.

Finally, the Mental Health and Public Safety Millage provided a 20% match ($58,900) to support expansion of mental health providers through the state FY19 31N funding initiative. WISD would like to request $8,000 to offset the needed match for the FY20 31N funding initiative to assist in supporting the deployment of four social workers to support youth in mental health crises across the county.

Budget Narrative
WISD is proposing a 1.0FTE to coordinate mental health initiatives, particularly Handle With Care, TRAILS, and YMHFA, from July 1, 2021, through June 30, 2024. WISD is already contributing $28,514 annually towards this position. With annual increases of 2%, the cost to CMH for this position would be as follows;

	FY22	FY23	FY24	Total
Salary- 1.0FTE	$ 77,718.90	$ 80,438.22	$ 83,254.44	$ 241,411.56
Benefits (rate 74%)	$ 57,511.99	$ 59,524.28	$ 61,608.29	$ 178,644.55
	$ 135,230.89	$ 139,962.50	$ 144,862.73	$ 420,056.11
Grants to Support				
WISD General Ed	$ 18,534.00	$ 18,534.00	$ 18,534.00	$ 55,602.00
WISD Special Ed	$ 9,980.00	$ 9,980.00	$ 9,980.00	$ 29,940.00
Total Request:	$ 106,717.00	$ 111,449.00	$ 116,349.00	$ 334,514.00

Similarly, the budget for the .5FTE is for the same timeframe (July 1, 2021-June 30, 2024) and is broken down as follows;

	FY22	FY23	FY24	Total
.5FTE Trauma Coordinator- Salary	$ 40,231.86	$ 41,036.50	$ 41,857.23	$ 123,125.58
.5FTE Trauma Coordinator- Benefits	$ 19,311.29	$ 19,697.52	$ 20,091.47	$ 59,100.28
Total Request:	$ 59,543.15	$ 60,734.02	$ 61,948.70	$ 182,225.86

The total cost to implement the Starr Commonwealth strategy throughout the nine public school districts (including all staff) is $949,578. This includes costs to train 100% of staff on the two base trauma training modules, Trauma-Informed Resilient Schools (TIRS) and Resetting for Resilience (RFR), and select staff to become coaches and practitioners to provide ongoing coordination and support for new and veteran staff. WISD is requesting $587,978 to provide the $50/participant fee for the RFR module. There are 11,767 staff across the nine school districts who will require this module. By year, WISD is proposing;

Year 1: YCS, LCS, Chelsea, WLPS: $148,534.00
Year 2: Dexter, Saline, Milan, Manchester: $175,538.00
Year 3: AAPS $263,906.00

The total request by year, including each separate budget items is as follows;

	FY22	FY23	FY24	Total
Program Manager	$ 106,717.00	$ 111,449.00	$ 116,349.00	$ 334,514.00
Trauma Coordinator	$ 59,543.00	$ 60,734.00	$ 61,949.00	$ 182,226.00

RFR Module	$148,534.00	$175,538.00	$263,906.00	$587,978.00
31N Match	$8,000.00	$0.00	$0.00	$8,000.00
Total Request:	$322,794.00	$347,721.00	$442,204.00	$1,112,719.00