



Mission: To promote hope, recovery, resilience, and advance health equity in Washtenaw County by providing, high quality, integrated behavioral health services to adults and youth with intellectual/development disabilities, mental health and/or substance use needs.

**WASHTENAW COUNTY COMMUNITY MENTAL HEALTH (WCCMH)
MILLAGE ADVISORY COMMITTEE (MAC) MEETING
AGENDA**

***** In-Person at the Learning Resource Center-Michigan
Room**

**4135 Washtenaw Ave, Ann Arbor
or you may attend virtually at**

<https://zoom.us/j/99341551963>

August 14, 2023

3:30-5:00 pm

- I. Roll Call (5 minutes)
- II. Introductions (5 minutes)
- III. Audience Participation (see guidelines below) (5 minutes)
- IV. Committee Response to Audience Participation (5 minutes)
- V. Millage Advisory Committee minutes (5 minutes)
 - Millage Advisory Committee Meeting Minutes and Actions 6/12/23 (Attachment #1) **ACTION**
- VI. Discussion Items (10 minutes)
 - Millage Process, Investments, and Progress Update (Attachment #2) **L. Gentz/T. Cortes**
- VII. Financial Budget Update (15 minutes)
 - Financial Budget Update (Attachment #3) **N. Phelps**
- VIII. Old Business (10 minutes)
 - Washtenaw County Sheriff's Office (WCSO) Millage Update **D. Jackson**
- IX. New Business (25 minutes)
 - L. Gentz presented the following funding requests to the committee for approval (Attachment # 4) totaling \$330,000.00.
 - o Washtenaw Health Project Presentation and Funding Proposal (Attachment #4A & 4B) **J. Lapedis/K. Stupple ACTION**
 - Student Advocacy Presentation (Attachment #5 and #6) **T. Jurries/A. Wilhelm**
 - Mini Grants Presentation (Attachment #7) **S. Novarra**
 - WISD Funding Presentation (Attachment #8) **S. Hierman**
- X. Items for Future Discussions (5 minutes)
 - Millage Investment Plan
 - Washtenaw Coordinated Funding Partnership Update
 - CHRT gaps analysis
- XI. Adjournment (Next Millage Advisory Committee Meeting: October 16, 2023)

Audience Participation Guidelines:

- Three (3) minutes are allowed per speaker
- Speakers are asked to bring a copy of their concerns/comments in writing
- Resolutions on issues will be brought to the appropriate committee as necessary



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VIRTUAL MEETING LINK IS:

Join from a PC, Mac, iPad, iPhone or Android device:
Please click this URL to join. <https://zoom.us/j/99341551963>

Or One tap mobile:
+13126266799, 99341551963# US (Chicago)
+16465189805, 99341551963# US (New York)

Or join by phone:
Dial (for higher quality, dial a number based on your current location):
US: +1 312 626 6799 or +1 646 518 9805 or
+1 929 205 6099 or +1 267 831 0333

Webinar ID: 993 4155 1963

International numbers available: <https://zoom.us/u/aFCfUNFw9>

Audience Participation Guidelines:

- Three (3) minutes are allowed per speaker
- Speakers are asked to bring a copy of their concerns/comments in writing
- Resolutions on issues will be brought to the appropriate committee as necessary

**WASHTENAW COUNTY COMMUNITY MENTAL HEALTH AGENCY (WCCMH)
WCCMH MILLAGE ADVISORY COMMITTEE MEETING MINUTES DRAFT**

June 12, 2023

Learning Resource Center-Michigan Room (in person)

<https://zoom.us/j/99559977315> (virtual)

3:30–5:00 pm

N. Graebner-Sundling called the meeting to order at 3:32 pm.

ROLL CALL:

A. Carlisle attending in person
N. Graebner-Sundling attending in person
H. Heaviland attending
B. Higman attending in person
D. Jackson attending in person (non-voting)
M. Radzik attending virtually
R. Rion attending in person
A. Rooks attending in person
M. Udow-Phillips attending in person
G. Waddles Jr attending in person
K. Walker attending in person

MEMBERS ABSENT:

A. Sommerville

STAFF PRESENT:

R. Avedisian, T. Cortes, N. Phelps, M. Harding, L. Gentz, M. Taylor, S. Ray, B. Hagaman

OTHERS PRESENT:

M. Creekmore, M. Cook, T. Gavalier, K. Snodgrass, L. Lutomski, T. Moss, E. Spanier

- I. Introductions
 - M. Cook (NAC), K. Snodgrass (CHRT), E. Spanier (CHRT)
- II. Audience Participation
 - NONE
- III. Committee Response to Audience Participation
 - NONE
- IV. Millage Advisory Committee Minutes and Actions from 4/10/23 (Attachment #1)
 - Millage Advisory Committee Minutes and Actions of 4/10/23 were reviewed

MOTION BY A. CARLISLE, SUPPORTED BY R. RION TO RECOMMEND APPROVAL OF THE MINUTES AND ACTIONS FROM THE APRIL 10, 2023, MILLAGE ADVISORY COMMITTEE MEETING AS PRESENTED.

ROLL CALL VOTE:

CARLISLE	Y	GRAEBNER-SUNDLING	Y
HEAVILAND	Y	HIGMAN	Y
RADZIK	N/A (virtual)	SOMERVILLE	N/A
RION	Y	ROOKS	Y
UDOW-PHILLIPS	Y	WADDLES, JR.	Y
WALKER	Y		

MOTION CARRIED

V. Discussion Items

- Millage Process, Investments and Progress Update (Attachment #2)
 - o L. Gentz presented the Millage Process, Investment and Progress Update to the Committee.

VI. Financial Budget Update (Attachment #4)

- N. Phelps presented the Financial Budget update ending April 30, 2023, to the Committee.

VII. Old Business

- Washtenaw County Sheriff's Office (WCSO) Millage and Financial Status Update
 - o D. Jackson provided an update and highlights from the Spring Summit.

VIII. New Business –

- Youth Assessment Center Presentation
 - o L. Gentz/M. Cook presented on the Youth Assessment Center to the Committee.
- Millage Annual Impact Report
 - o K. Snodgrass/E. Spanier provided updates on the Millage Annual Impact Report.
- Youth Millage Investment Visual
 - o L. Gentz presented the Youth Millage Investment Visual to the Committee.
 - o M. Udow-Phillips requested visual enhancement with showing collaboration of providers involved.

IX. Items for Future Discussions

- Millage Investment Plan
- Washtenaw Coordinated Funding Partnership Update
- CHRT gaps analysis
- Youth Millage Investment Visual
- Committee asked for another presentation for the Youth Assessment Center

MOTION BY A. ROOKS, SUPPORTED BY A. CARLISLE TO ADJOURN THE WCCMH QUALITY-FINANCE COMMITTEE MEETING.

Meeting adjourned at 4:54 pm.

Washtenaw County Mental Health and Public Safety Millage Initiative Dashboard

Initiative	New or expanded services	Crisis services	Stabilization services	Integrated & coordinated	Peer support services	SUD services	Housing services	Education & prevention	Reducing stigma	Adult-focused	Youth-focused	Cross-sector collaboration	Needs assessment &	Grants: supplements millage	Status	Date Implemented, Expected, or Completed
Washtenaw CARES	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓			Implemented	May 2019
CCBHC	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓		✓	Implemented	May 2019
750 Towner assessment center	✓	✓	✓	✓						✓		✓			Implemented	March 2020
NAMI peer project	✓				✓					✓		✓			In progress	Ongoing
Mental Health First Aid training								✓	✓	✓	✓	✓			In progress	Ongoing
Youth assessment center	✓							✓			✓	✓	✓	✓	In progress	Ongoing
Youth court therapeutic CSM position	✓										✓	✓			Implemented	December 2020
31N WISD school MH project	✓							✓	✓		✓	✓			In progress	Ongoing
Mini-grant Anti-stigma campaign w/WISD								✓	✓		✓	✓			In progress	Ongoing
Anti-stigma campaign w/public health								✓	✓	✓	✓	✓			In progress	Ongoing
Corner psychiatry access	✓	✓	✓	✓							✓	✓			Implemented	November 2019
SUD system transformation	✓					✓		✓	✓	✓	✓	✓	✓	✓	Implemented	January 2022
MAT in jail	✓					✓				✓		✓		✓	Implemented	January 2020
LEAD initiative	✓							✓		✓	✓	✓		✓	In progress	Ongoing
Housing RFP w/OCED	✓	✓	✓				✓			✓	✓	✓			In progress	Ongoing
Washtenaw Health Plan	✓			✓				✓		✓					In progress	Ongoing
Student Advocacy Center	✓							✓			✓				In progress	Ongoing
Ozone Psychiatry Access	✓						✓				✓	✓			Implemented	June 2021
5 Healthy Towns										✓	✓	✓	✓		In Progress	Ongoing
kNEWjoy/Packard	✓			✓							✓	✓			In Progress	Ongoing

CLR Academy					✓			✓			✓				Completed	August 2021
Voices of Youth									✓		✓				In Progress	On-going
MJRF Pilot Program									✓		✓				In Progress	On-going

Plan and Integrate

<i>Initiative</i>	<i>Status</i>	<i>Updates?</i>
LEADD	Initial evaluation report conducted, and it shows that LEADD is reaching who it was intended to serve, and the program is decreasing LE contact and jail bookings. Discussions are occurring at the policy coordinating level on a timeline for expanding the program.	
Youth Assessment Center	Finishing the draft RFP and prepping to send out a youth serve provider survey establish referral base for the center and identify capacity related issues to identify the provider network and possibly barriers in our community to service provision.	
Community Response to MH Crisis	Working with University of Chicago's Health Lab to provide analytic support and conduct a process evaluation of the program. The program will deliver the most appropriate services, supports, and responses to persons involved in public situations (e.g., behavioral health-related crises). It will provide a full continuum of services, including behavioral health, public health, social services, and police services. Health Policy Lab staff are currently imbedded with CMH and WCSO teams.	No
5 Healthy Towns/One Big Thing	Coordinator has been hired and she is working with the 3 action teams to build out the logic model.	
SUD System Transition	Implementation began on January 1, 2022.	No

Expand Services

<i>Initiative</i>	<i>Status</i>	<i>Updates?</i>
CARES/Crisis/750/CCBHC	M. Tasker to report	

Housing RFP	The housing RFP contracts have been extended. From February to April Avalon provided 267 clients with services ranging from outreach, engagement, conflict resolutions, eviction prevention, household skills and safety and crisis management.	
31 N/ WISD Mini Grants	Mini Grants- Presentation during this meeting 31N- Presentation during this meeting	
Youth Center MHP	Position in place and going well. CMH is also now the provider for the Youth Center's day treatment program.	No
Justice Involved Youth Ozone Psychiatry Access	4 hours of psychiatry is being provided at Ozone House.	No
Corner Health Psychiatry Expansion	CMH increased psychiatry time at Corner Health from 1 to 2 full days/week.	No
Jail MAT	Planning meetings have occurred to expand access to Therapeutics with co-locating a case manager and prescriber in the jail 3 days per week. Implementation date is still being discussed.	
Washtenaw Health Plan	Presentation during this meeting.	
Student Advocacy Center	Presentation during this meeting	
Shelter Association	Emergency covid crisis stabilization funds (under \$50,000) were provided to the Shelter to provide emergency isolation quarantine staffing for Omicron Covid surge.	No
kNEWjoy/Packard	Packard secured a new staff person for the project, finalized a timeline for the work and developed a plan for community engagement. They conducted their first engagement event on May 27 th at New Parkridge and West willow to provide information and connection to mental health services in Washtenaw County.	No
CLR Academy	Reissuing contract for them to complete a 12-week program at New Parkridge.	

Communicate and Evaluate

<i>Initiative</i>	<i>Status</i>	<i>Updates?</i>
<i>NAMI Peer Project</i>	Conducted advocate and storyteller trainings, provided advocacy for Garrett's Space. 341 attendees at support groups and 93 attendees at NAMI's signature classes. Partnered with YCS and Trails on a mental health event and provided 8 mental health 101 trainings.	
<i>Anti-Stigma Campaign</i>	Public Health continues to push out numerous anti-stigma and mental health messages on social media highlighting ways to cope, healthy prosocial messages and treatment connection.	No
<i>MHFA/YMHFA Education initiatives</i>	Trainings occurring monthly for adult MHFA and the WISD will be pushing out a large youth MHFA training initiative for school staff and families over the summer.	No
<i>Millage Comms Strategy</i>	Annual Impact Report was launched, press release completed and print copies of the report are being distributed widely. Postcard has been sent to Washtenaw County households promoting the Annual Impact report. Numerous interview requests have been received and interviews have been conducted outlining the millage work and the impact report.	
<i>Voices of Youth</i>	Contract has been renewed and new outreach to students will begin in the fall.	
<i>MJRF Pilot Program</i>	Contract completed and coach training tools are being developed.	

Washtenaw County Community Mental Health - Millage Advisory Committee
Millage Financial Update - For Six Months Ending June 30, 2023

	Budget to Actuals				Commitments		
	Annual Budget	Budget YTD	Actuals YTD	Actuals YTD Over/(Under) Budget YTD	Committed Current Fiscal Year	Remaining Uncommitted Current Fiscal Year	Committed FY 2024
Community Wide Service Expansion							
<u>CARES Team</u>							
Access & Triage	\$ 577,500	\$ 288,750	\$ 289,508	\$ 758	\$ 577,500	\$ -	\$ 606,375
Treatment & Stabilization Services	577,500	288,750	282,115	(6,635)	577,500	-	606,375
Crisis Response	787,500	393,750	374,152	(19,598)	787,500	-	826,875
Crisis Stabilization Center	367,500	183,750	162,999	(20,751)	367,500	-	385,875
Other CARES Team	417,480	208,740	208,647	(93)	417,480	-	438,354
<u>Criminal Justice Diversion & Deflection</u>							
WCCMH Staffing - LEADD/Jail Services	\$ 450,000	\$ 225,000	\$ 156,009	\$ (68,991)	\$ 400,000	\$ 50,000	\$ 450,000
Prosecutting Attorney Office	\$ 122,779	\$ 61,390	49,050	\$ (12,340)	\$ 122,779	\$ -	\$ 127,690
<u>Supportive Housing</u>							
Supportive Housing RFP	\$ 400,000	\$ 200,000	\$ 200,000	\$ -	\$ 400,000	\$ -	\$ -
Supportive Housing Other	460,000	230,000	150,000	(80,000)	460,000	-	70,000
Avalon - Permanent Supportive Housing	180,000	90,000	90,000	-	180,000	-	180,000
Emergency Housing	50,000	25,000	39,716	14,716	50,000	-	50,000
<u>Youth Initiatives and Support</u>							
Washtenaw Intermediate School District	\$ 940,716	\$ 470,358	\$ 192,849	\$ (277,509)	\$ 940,716	\$ -	\$ 795,843
Student Advocacy Center	193,643	96,822	96,821	(1)	193,643	-	-
Health Dept - Anti Stigma Campaign	170,000	85,000	21,543	(63,457)	170,000	-	56,667
WCCMH - Wraparound Staff	95,000	47,500	39,541	(7,959)	95,000	-	100,000
Other Youth Initiatives and Support	350,000	175,000	31,250	(143,750)	140,000	210,000	-
<u>Other Service Expansion</u>							
Washtenaw Health Plan	\$ 165,000	\$ 82,500	\$ 82,500	\$ -	\$ 165,000	\$ -	\$ 165,000
Other	250,000	125,000	-	\$ (125,000)	125,000	125,000	-
TOTAL Community Wide Service Expansion	\$ 6,554,618	\$ 3,277,309	\$ 2,466,700	\$ (810,609)	\$ 6,169,618	\$ 385,000	\$ 4,859,054

	Budget to Actuals				Commitments		
	Annual Budget	Budget YTD	Actuals YTD	Actuals YTD Over/(Under) Budget YTD	Committed Current Fiscal Year	Remaining Uncommitted Current Fiscal Year	Committed FY 2024
Education & Prevention							
<u>Education & Outreach</u>							
NAMI Contract	\$ 169,425	\$ 84,713	\$ 84,713	\$ 1	\$ 169,425	\$ -	\$ 169,425
MHFA Trainings	25,000	12,500	-	(12,500)	25,000	-	25,000
TOTAL Education & Prevention	\$ 194,425	\$ 97,213	\$ 84,713	\$ (12,500)	\$ 194,425	\$ -	\$ 194,425
Evaluate & Communicate							
<u>Evaluate</u>							
CHRT Contract	\$ 51,970	\$ 25,985	\$ 19,716	\$ (6,269)	\$ 51,970	\$ -	\$ -
<u>Communicate</u>							
CHRT Contract	\$ 261,890	\$ 130,945	\$ 188,986	58,041	\$ 261,890	\$ -	\$ -
TOTAL Evaluation & Communication	\$ 313,860	\$ 156,930	\$ 208,702	\$ 51,772	\$ 313,860	\$ -	\$ -
Administration of the Millage							
WCCMH	\$ 555,000	\$ 277,500	\$ 283,479	\$ 5,979	\$ 540,000	\$ -	\$ 555,000
CHRT Contract	150,000	75,000	37,186	(37,814)	140,000	-	150,000
Grand Totals	\$ 7,767,903	\$ 3,883,952	\$ 3,080,780	\$ (803,172)	\$ 7,357,903	\$ 385,000	\$ 5,758,479

Millage Funding Summary August 2023

Washtenaw Health Project:

Goals:

- The provision, coordination, and expansion of mental health services to WHP members and immigrants whose native language is not English, including an evaluation of and expansion of existing provider capacity: \$125k
- Outreach, communication, insurance navigation, and connection to services in the Latinx and youth communities: \$40k

What:

The provision, coordination, and expansion of mental health services to WHP members and immigrants whose native language is not English. This work would include:

- The ongoing provision, coordination, and expansion of mental health services to WHP members in their native language.
- Expanding our contracting providers to allow members to receive mental health services that are coordinated with their primary care.
- Providing a landscape analysis of mental health services availability in languages other than English. This work builds on WHP's previous [Immigrant Mental Health Needs Assessment](#).
- Create a Spanish-speaking parental support group for parents of youth who need mental health services.

Outreach, communication, insurance navigation, and connection to services in the Latinx and youth communities.

- Assist entire immigrant families with accessing health insurance and other benefits.
- Much of the communication in the Spanish-speaking community happens through informal networks, many of which the WHP is involved in. These include Facebook groups, WhatsApp message chains, and community groups (e.g. Mexiquenses, Buenos Vecinos, Spanish Healthcare Outreach Collaborative, and Washtenaw Interfaith Coalition for Immigrant Rights). The WHP is currently working on establishing a Latinx Health Services Consortium.
- The WHP has an existing connection to public schools through our Child Health Advocate, Kelly Stupple, and our collaboration with Washtenaw County Success by 6 Great Start Collaborative.

Funding Amount: \$165,000/ year for 2 years



Washtenaw Health Project Mental Health and Public Safety Millage Report and Renewal Request

August 14, 2023



Outline

- A. Previous Funding Summary
- B. Summary of work these last two years
- C. Request for renewed funding for two more years

The Washtenaw Health Plan is changing its name



Washtenaw Health Plan | Healthcare Advocacy | Community Health Workers | Medicaid & Marketplace Navigation

Previous Funding Summary

The Mental Health and Public Safety Millage provided \$165k per year to the Washtenaw Health Project for:

- The provision, coordination, and expansion of mental health services to Washtenaw Health Plan members and immigrants whose native language is not English.
- Outreach, communication, insurance navigation, and connection to services in the Latinx and youth communities.

Summary of work these last two years

Increased mental health provider capacity for Washtenaw Health Plan members, particularly amongst Spanish speakers

Before millage funding:

705 visits

from Oct 2019-June 2021

Wait time as long as **6 months**

After millage funding:

982 visits

from Oct 2021 – June 2023

Wait time is **2 weeks**

We also partnered to help mental health providers apply for grant funding for Spanish-speaking therapists

Completed a landscape analysis to understand which mental health providers are available in languages other than English

- The landscape includes **10 different providers** offering mental health therapy in **18 languages**, and how to contact them.
- Case managers across the county can now better identify mental health providers for their clients who speak languages other than English.

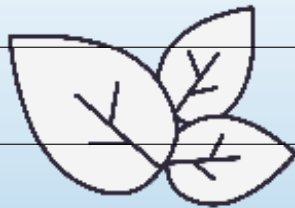
Outreach and Groups for Teens and Youth

HOW CAN THERAPY HELP ME?

As we recover from the pandemic, we can all use a bit of extra support! Here are just some of the things that a therapist can help you with

- | | | |
|------------------------------------|------------------------------------|-----------------------|
| • Anxiety and panic | • Feeling overwhelmed | • Life transitions |
| • Behavioral issues | • Feeling that life has no meaning | • Relationship issues |
| • Confusion | • Feeling unsafe | • Substance use |
| • Family concerns | • Grief & loss | • Sleep difficulties |
| • Feeling like you've lost control | | • Trauma |

Therapy is available in person, over the phone, or on a computer/tablet. Therapists are available in several languages. If you have insurance or not, please call, and we will help you find options!



Call (734) 544-3079, and leave a voicemail if no one picks up. We will call you back by the next business day. Or email info@washtenawhealthproject.org. We speak Spanish, Vietnamese, and English.

[washtenawhealthproject.org](https://www.washtenawhealthproject.org)

ON THE GROUND Ypsilanti

Latinx Teen Empowerment Group offers community and mental health support for Ypsi students

RYLEE BARNSDALE | WEDNESDAY, JULY 26, 2023

The bilingual group helps immigrant students build lasting relationships, as well as learn skills to navigate anxiety, depression, and other mental health challenges.

SHARE    



Doug Coombe

Helped CMH and other clients with mental health needs
maintain insurance

From Oct 2021 - June 2023

140 people connected to mental health services

From Oct 2021 - June 2023

WHP provided health insurance and healthcare navigation assistance to:

2,000 individuals from the Latinx community*

1,708 individuals under 18*

*Numbers not mutually exclusive

**We're requesting that funding is
renewed for two more years**

If funding is renewed, these are the next steps:

- Build on infrastructure to expand visits, with the goal of reaching 1500 visits in 2 years for Washtenaw Health Plan members
- Continue Latinx Youth Empowerment Groups, with possibility of expansion to African American teens at Ypsilanti High School
- Partner with The Women's Center of Southeastern Michigan to host a Latinx support group for Spanish-speaking mothers of young children
- Continue Mental Health Outreach in schools
- Maintain the list of therapists who provide therapy in languages other than English
- Continue health insurance support for individuals with need access to mental health services

Contact us!



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6/29/21

Washtenaw Health Plan Mental Health Millage Ask

The following ask was developed as a result of conversations between the Washtenaw Health Plan and Washtenaw County Community Mental Health around mental health access needs in our community.

Key Components of the Ask

A total of \$165k per year in ongoing funding for:

- The provision, coordination, and expansion of mental health services to WHP members and immigrants whose native language is not English, including an evaluation of and expansion of existing provider capacity: \$125k
- Outreach, communication, insurance navigation, and connection to services in the Latinx and youth communities: \$40k

Background

WHP's core services

The Washtenaw Health Plan is a 501(c)3, physically located in the 555 Towner building. The WHP's core services are:

- **Providing a managed care plan** for approximately 2,000 uninsured county residents, many of whom are ineligible for Medicaid due to their immigration status.
- **Health insurance enrollment and access to healthcare and supportive services.** We conduct outreach, enrollment and care management programs targeted to the community's poorest and most isolated populations. This work includes the enrollment of approximately 3,500 people yearly in Medicaid, Medicare, and Marketplace and coordination of care management staff across the county.
- **Being a place of trust and healthcare access expertise** for clients and health safety-net partners. We connect people to resources and are the go-to place for when people can't solve a problem. During the COVID-19 pandemic, the WHP has served as the place for trusted information and resource assistance for the Latinx community.

WHP Existing Mental Health Access and Therapy Services

- Current members of the WHP's managed care plan, about 75% of whom are native-Spanish speakers, can receive service at one of three organizations: Catholic Social Services, Jewish Family Services, and Amplify Colectivo. Services are available in Spanish, Mandarin, French, Italian, and Russian. The ability to provide services in our members' native language is key to successful engagement in therapy. About 2% of our members received services in FY2020. We think that this low percentage represents a lack of service availability, rather than a lack of need. In fact, we know that COVID-19 has increased mental health issues, particularly in Latinx community. We have been actively working to expand the capacity to serve our members over the last year, reducing wait time from 6 months to less than 2 weeks. The average number of monthly sessions in FY2020 was 24. In February and March 2021, we averaged 54 sessions, and we expect this number to keep growing, possibly up to 100 sessions per month. Still, we anticipate running into provider capacity issues without efforts to increase our network.
- WHP ensures that people have healthcare coverage, either through WHP Plan B, Medicaid, or Marketplace insurance, if they are eligible. We work with individuals in their native language to

6/29/21

get them connected to the provider that is most appropriate—this includes managing waitlists for our members and assessing provider fit by evaluating language capacity, provider availability, and individual member preferences.

- When an uninsured individual needs Medicaid to access CMH services, many times WHP will assist those individuals with obtaining Medicaid coverage.

Proposed Scope of Work

We propose work funded by the Public Safety and Mental Health Millage falling into two complementary categories:

The provision, coordination, and expansion of mental health services to WHP members and immigrants whose native language is not English. This work would include:

- The ongoing provision, coordination, and expansion of mental health services to WHP members in their native language. Our goal is to have at least 90 visits per month amongst our members by the end of FY2022.
- Expanding our contracting providers to allow members to receive mental health services that are coordinated with their primary care.
- Providing a landscape analysis of mental health services availability in languages other than English. This work builds on WHP's previous [Immigrant Mental Health Needs Assessment](#).
- We also hope to create a Spanish-speaking parental support group for parents of youth who need mental health services.

We expect that this work will be complementary to the CMH CARES team, as it builds the capacity of mental health services in languages other than English in the community.

Outreach, communication, insurance navigation, and connection to services in the Latinx and youth communities. Once we are sure that we have sufficient capacity to serve these populations, we can begin an effort to promote these services. We expect this work to build on WHP's existing strengths, namely:

- We assist entire immigrant families with accessing health insurance and other benefits. Many of our adult WHP members have children who are eligible for and covered by Medicaid. Through the relationships we develop in this work, we can assess interest in mental health services and promote mental health services.
- Much of the communication in the Spanish-speaking community happens through informal networks, many of which the WHP is involved in. These include Facebook groups, WhatsApp message chains, and community groups (e.g. Mexiquenses, Buenos Vecinos, Spanish Healthcare Outreach Collaborative, and Washtenaw Interfaith Coalition for Immigrant Rights). The WHP is currently working on establishing a Latinx Health Services Consortium.
- The WHP has an existing connection to public schools through our Child Health Advocate, Kelly Stupple, and our collaboration with Washtenaw County Success by 6 Great Start Collaborative.

We anticipate that much of this work would involve targeted outreach through our existing networks to individuals and groups. This would include developing targeted informational flyers in multiple languages about where and how to access mental health services. Over the course of 12 months, we expect our staff to have 400 touchpoints with families facilitating access to health insurance, mental

6/29/21

health services, and other benefits coordination. We would expect to provide mental health information and set up informational meetings as needed with middle and high schools in Ann Arbor and Ypsilanti, as well as with the WHP's existing network of over 30 healthcare providers. In addition to including mental health coordination as a piece of the Latinx Health Services Consortium and promoting these efforts through our existing Latinx communication networks, the WHP will also promote mental health access on Spanish language radio. This work will be coordinated with the Washtenaw Health Department's mental health promotional work, which is a much broader educational campaign, as well as other millage-funded work (such as the WISD initiatives).

Alignment with Millage Priorities and Conclusion

We believe that this work aligns very well with [the millage investment priorities](#), particularly the following:

- Serve all residents, regardless of insurance status.
- Target additional millage resources to serve persons, families, and areas with high levels of disparity and risk including youth; persons with moderate to severe mental health needs and co-occurring illnesses who are uninsured or underinsured; underserved zip codes with high levels of risk or disparity (i.e., 48197, 48198, 48189); and persons with very low economic and/or social resources.
 - o Notably, 66% of WHP members live in the zip codes above. WHP serves approximately 2,500 people total each year in these zip codes.
- Build on current demonstrated capacity and expertise in the community, optimizing community partnerships, especially with other sources of funding.

We are asking for ongoing funding for this work. By building these outreach and referral networks, as well as helping people to access insurance, we will expand mental health service capacity and access to quality mental health services in these underserved communities. These efforts will go a long way to preventing and quickly responding to the mental health crises exacerbated by the COVID-19 pandemic.



Washtenaw County Community Mental Health Millage Check and Connect

End of Year Report - July 2022 - June 2023

Program Overview

Check & Connect is an intensive, long-term evidence-based intervention program for students who are disconnected from school and learning. The Check and Connect advocate / mentor / coach connects with youth weekly, checks school engagement data weekly, designs personalized interventions based on that data, encourages goal-setting and problem-solving, and serves as a bridge between the student, school, parent(s)/guardian(s) and community. Students that are eligible for Check and Connect services have one or more of the following criteria: mental health concern, CMH-involved youth, court-involved youth, attending school in the Ypsilanti area, including but not limited to Ypsilanti Community Schools, Lincoln Consolidated Schools, and WAVE and demonstrating disengagement from school by being expelled in the last year, on out of school suspension at least two days a month OR missing 15% of days of school AND earning one or more Fs.

Check and Connect provides a minimum of two years of support and includes weekly checks of school data, weekly connects with personalized interventions, and frequent communication with schools, parents/guardians/caretakers. Every week, the mentor provides feedback on school progress. Connects can involve goal-setting, problem-solving, homework help, credit recovery, test prep, support at school meetings, transportation to a therapist appointment, time in the community, etc. Other services may include connection to leadership and after-school opportunities, advocacy for needed services and supports in school, direct assistance for items such as school supplies and coordination of other needed services, school enrollment, etc.

During the 2022-2023 school year, SAC has served a total of 61 youth through the Check and Connect program and 49 of those students are identified as having a diagnosed or suspected mental health concern. Of those 49 students:

Mental Health Treatment Status

- CMH: 27
- Private Therapy: 1
- Untreated: 15
- Suspected Mental Health Condition: 6





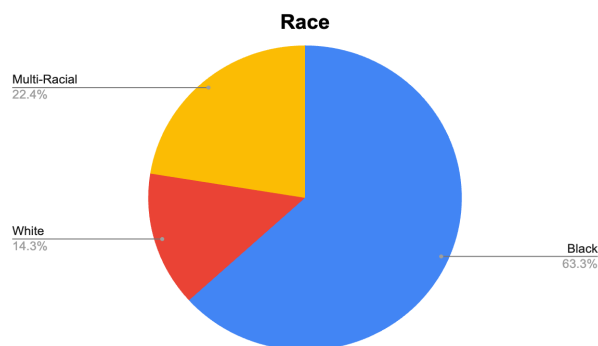
School Districts

- Lincoln: 17
- Ypsilanti: 32



Race

- Black: 33
- White: 16
- Multi-Racial: 9

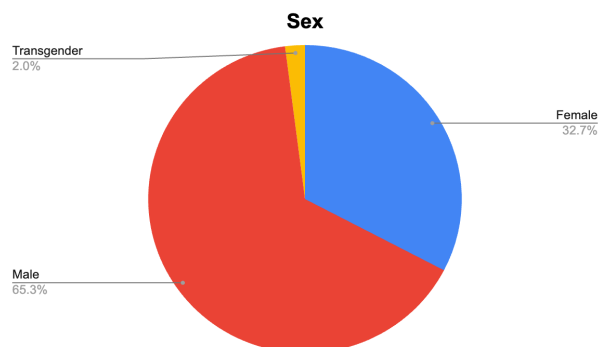


Ethnicity

- Hispanic / Latin-x / Spanish: 0
- Non-Hispanic / Latin-x / Spanish: 48

Sex:

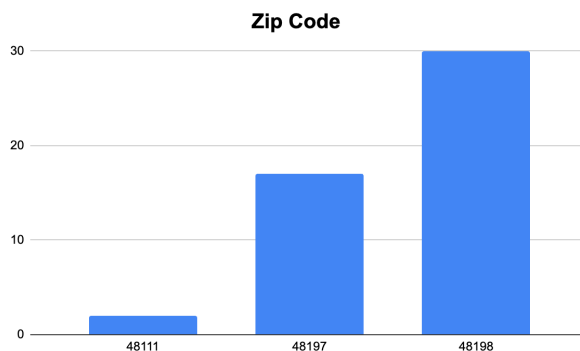
- Male: 35
- Female: 21
- Transgender/Nonbinary: 2





Zip Code

- 48111: 2
- 48197: 17
- 48198: 30



Outcomes

Note: of the 58 cases served, 42 of those cases have reportable outcomes. Note: one case was closed due to lack of contact/engagement with the student and one case the school did not provide closing records despite repeated attempts to obtain those.

Indicator	Percentage
Increased or maintained school attendance within 3 percentage points among youth served at least 1 semester	71%
Decreased school discipline referrals or maintained 2 or fewer suspensions a month among youth served at least 1 semester	90%
Increased overall grade average or maintaining passing grades	76%
Improved or maintained overall CAFAS score	44%
Improved or maintained CAFAS school subscale	49%



Success Stories

“Jackie” is a student who battled with depression and had been hospitalized on numerous occasions after attempting suicide. After returning home from the hospital, Jackie had made a decision to successfully complete high school and utilize her education to create opportunities for herself outside of her community. Jackie was initially extremely independent, but she later used the support from her mentor and created coping strategies for whenever she felt overwhelmed or anxious.

SAC’s support helped Jackie to build better relationships with staff in the school building and create plans to complete her assignments in a timely manner. Jackie also took the initiative to search and apply for colleges that she felt would best suit her needs. Jackie graduated this spring and plans to attend a local community college and later transfer to an HBCU for nursing. Jackie was able to accrue thousands of dollars worth of scholarships and was accepted into multiple colleges.

“Anasthasia” struggled with mental health episodes and drug dependency. With the support of her mentor and SAC, she developed a passion for reading and increased her writing practices.

She recently graduated from Washtenaw Community College’s Adult Transitions Pathways with a GED. She is currently navigating what it means to be independent while working and pursuing her dream of becoming an author.

“Stephen” is a 3rd grader who was struggling with his behavior towards students and teachers. SAC connected Stephen with a mentor. Stephen and his mentor discussed different interventions to use when he became frustrated at school, such as connecting with a positive school staff member. As the school year ended, Stephen is now viewed as a vital member of his classroom. He helps other students and is engaged in his assignments. The mentor and SAC have been a tremendous help with the student’s learning.

Washtenaw County Community Mental Health Education Advocacy End of year Report - July 2023

Program Overview

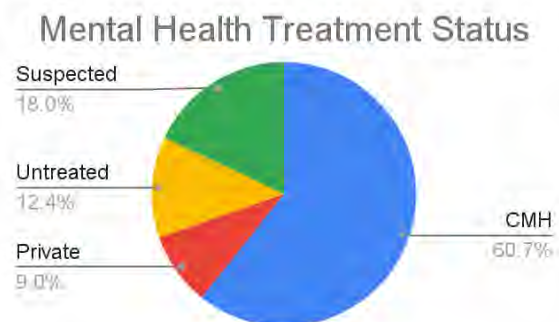
Student Advocacy Center provides family-driven, collaborative education advocacy and support to K-12th grade students to interrupt the school to prison pipeline. This project focuses on students (particularly those with disabilities) who have been truant, expelled, suspended, informally removed or are facing frequent removals or reduced services and assist to get them back in school with a plan of support. Parents often call SAC (sometimes referred by their school or social service provider) frustrated at how often they have to go to school or stay home with their child. They are out of ideas and hope. Our approach helps parents understand their options and rights, assesses student triggers and needs, and works with the family and school to develop trauma-informed school, behavior and safety plans.

This school year has been particularly challenging for students as they continued to return from virtual learning environments due to COVID where they had experienced minimal social interactions. There are continued delays in social development and academic skills due to the years of the pandemic. Many students did not thrive academically during the remote learning which placed them behind grade level expectations, and these challenges continue. We have also seen an increase in harsh disciplinary actions leading to students spending increased time away from their education.

During the 2022-2023 school year, SAC has served a total of 89 youth through this program and all 89 of those students are identified as having a diagnosed or suspected mental health concern.

Mental Health Treatment Status

- CMH: 54
- Private Therapy: 8
- Untreated: 11
- Suspected MH Condition: 16



School Districts

- Ann Arbor: 7
- Clinton: 0
- Dexter: 5
- Lincoln: 10
- Manchester: 1
- Pinkney: 0
- Saline: 1
- South Lyon: 1
- Van Buren: 11
- Whitmore Lake: 1
- Ypsilanti: 30
- Charter School: 6
- Students in foster care placed outside of Washtenaw County: 16



Race

- Black: 52
- White: 25
- Multi-Racial: 10
- Middle Eastern/North African: 1
- American Indian: 1



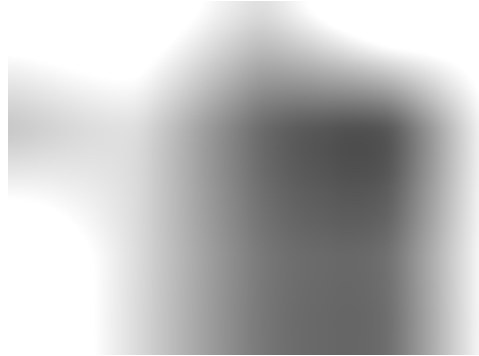
Ethnicity

- Hispanic / Latin-x: 4
- Non-Hispanic / Latin-x: 85



Sex:

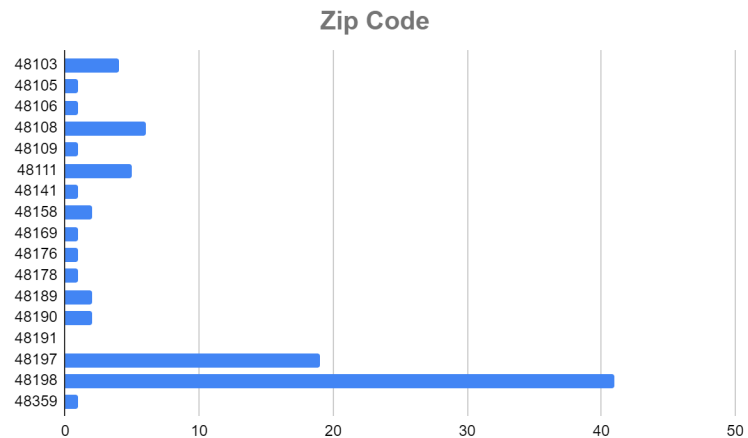
- Male: 51
- Female: 34
- Transgender/Nonbinary: 4



Zip Code

(Note: Some of our students are in foster care and are not currently placed in Washtenaw County. For those students, the Washtenaw County zip code at the time of removal is what is used in the data below when that information is available.)

- 48103: 4
- 48105: 1
- 48106: 1
- 48108: 6
- 48109: 1
- 48111: 5
- 48141: 1
- 48158: 2
- 48169: 1
- 48176: 1
- 48178: 1
- 48189: 2
- 48190: 2
- 48191: 0
- 48197: 19
- 48198: 41
- 48359: 1



Outcomes

Indicator	Percentage
Decreased Behavioral referrals from initial evaluation (n=65) *Note: 90% increased or maintained 0-1 days of suspension.	34%
Increased Attendance from initial evaluation (n=63) *Note: 66% increased or maintained +/-3% Attendance was impacted for many students due to unique situations including neighborhood violence, hospital stays, foster care placement instability, deaths in the family, time spent in homeless shelters, time incarcerated, pregnancy/birth, and more. Data was not available for multiple students due to continued virtual learning, records lost by schools, and data not tracked by schools.	56%
Increased grades from initial evaluation (n=67) *Note: 61% Increased or maintained an A or B average	54%

Success Stories

“John” is a Kindergarten student who was removed from school in the Fall of 2022 due to consistent disciplinary issues. His parent was told he couldn’t come back until a psychiatric evaluation was done. The parent completed the evaluation but the school still did not allow him to return, and the parent lost their job. The parent kept asking for help and asking for a special education evaluation — but nothing worked.

With the support and assistance of SAC, the parent was able to secure homebound services, a special education evaluation and assurances that John can attend the school-run summer program and return to school full time in the Fall 2023. The parent now feels a relief to the uncertainty of the future of her child’s education, and John is able to continue his education with his peers.

“Lynn” was experiencing challenges with learning and behavior when we first met her in 10th grade. She had a few placement changes due to foster care. Over the summer of 2022, she was able to move into a more stable environment. She shared with her team that she did

not want to return to the same high school she had been at, as there were too many distractions and she did not want to risk making the mistakes she had made before. SAC supported her in finding a more supportive school program which would help her recover credits and she was enrolled there. Within her first month she passed her first class, which was the first high school credit she had earned in years. Lynn was subsequently named student of the month.

“Ryan” was a 9 year old 4th grade student facing possible expulsion for bringing a weapon into his school. He had been struggling with appropriate behaviors and in some relationships with classmates. SAC supported Ryan and his family in developing a safety plan with school staff that included input from his mother and SAC advocates. As a result, Ryan averted expulsion and was able to return to school with additional support.

“Ian” was a student who had been out of in person classes for over a year due to an expulsion from his school district when he was in the 4th grade. His mother reached out to SAC initially to assist with reinstatement to his school district. SAC succeeded in reinstating Ian to his home district, but went several months without any direction from his school leaders as to where he would be able to access his education and when. His mother once again reached out to SAC for support and assistance. With SAC’s continued support, involvement, and partnership with Ian’s school, he was able to begin attending school in person, although on a shortened schedule. He was given a robust Positive Behavior Support Plan, a detailed safety plan, and was secured a 1:1 paraprofessional to assist him with transitioning back to in person school. Ian was able to pass his classes, had the support he needed from school staff, and is anticipating promotion to his next grade level for the Fall of 2023.

“Caleb” was a 16 year old student who had difficulty in consistently engaging in school for several years and had only earned one credit towards graduation. He was on probation for four years and much of the case hinged on him actively engaging in his education. His parent reached out to SAC to assist with finding a program that worked for him. With the help of SAC, Caleb was enrolled in a hybrid program that he consistently engaged in. He earned credit towards graduation and regularly reached out to his advocate and advisor for support with school when he needed it. Due to Caleb’s engagement in school and his education, he may possibly have his case with Juvenile Court closed soon.



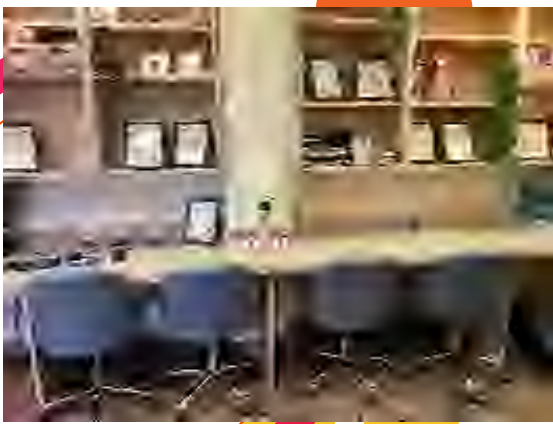
School Mental Health Mini Grants

2022-23 School Year
Shannon Novara, WISD

Student-Led Mini-Grant Projects to Prevent Mental Health Stigma

- \$226,000 investment over 3 years
- All public middle and high schools invited to participate
- 16 total schools in the county participated including a new one: Manchester Junior and Senior High
- Funded projects were asked to address 2 key areas:
 - Engaging students who typically don't participate in mental wellness activities
 - Fostering communication about mental health between students and trusted adults in their lives
- Schools could request funding up to \$5,000

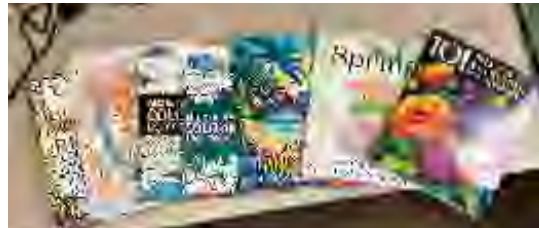
Manchester Junior & Senior High School: *Zen Zone*



- 8 students planned project
- 375 students impacted

Activities

- Created a safe, comfortable space for students—the Zen Zone
- Planning process brought adults and students together to talk about mental health challenges students face at school
- Students enjoyed choosing items for the room (beanbags, lights, rocking chairs, plants, art supplies, fidget toys, games, charging stations, weighted blankets, etc.)



Scarlett Middle School

- 10 students planned project
- 200 students impacted

Activities

- Created a designated space with a “living room vibe” for students to come for psychoeducational and therapeutic groupwork
- Furnished space with: soft lighting, carpet squares, bean bags, sofa, twinkle lights, throw pillows and blankets, wall tapestry, fidgets, planners, and snacks
- Students brainstormed what to put in the space and then helped set it all up
- Students who hadn't yet visited a counselor stopped by to check out the space and ask how they can join groups

Ypsilanti Community Middle School

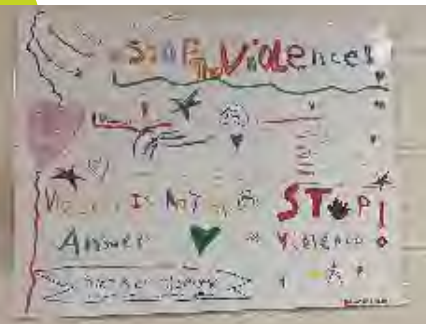
- 4 students planned project
- 400 students impacted

Activities

- Mental Health Awareness Month posters created in all classes to spread inclusivity and kindness
- Students answered prompts about how they could be kind to others
- Students received pens, journals, and feelings wheel stickers to help them learn about their emotions and write out their feelings
- Purchased bean bag chairs and mental health games for the counseling office
- Students were excited to participate in these types of activities

ATTACHMENT #7

AUGUST 2023



Lincoln Middle School: *Counseling Annex*

- 10 students planned project
- 100 students impacted

Activities

- Expanded calming room to accommodate more students and small groups
- Space was planned in collaboration with parents, which helped parents better understand the mental health needs of students
- Learned that letting middle schoolers play with dolls and toys helps them learn to regulate themselves
- Room furnished with: wobble stools, chairs, lights, bean bag chairs, games, therapy putty, weighted lap pads, stickers, magnets, sensory balls, games, dollhouse, coloring poster, Legos, boom box



Pioneer High School: *Stigma Hurts, Connection Helps*

- 20 students planned project
- 1720 students impacted

Activities

- By student request, created and furnished a Reset Room that all students can use
- Reset Room is a “peer lab” staffed by students trained to talk with peers about mental health
- Room includes SAD lights, iPads loaded with self-calming activities and apps, aromatherapy, tissues, crayons and coloring books, shelves, chairs, area rug
- Engaged art students to decorate room
- Also funded 50% of SAEBRS screening tool for all students



Milan High School: *Mental Illness Does Not Define You*

- 15 students planned project
- 200 students impacted

Activities

- Created monthly, themed bulletin boards to promote help-seeking and reduce stigma
- Created a “Calm Room” to give students space to self regulate and address anxiety, frustration, and general stress
- Furnished calm room with puff chairs, fidgets, posters, lighting, books, etc.
- Printed water bottles with the new 988 crisis number
- Funded GSA Pride Picnic

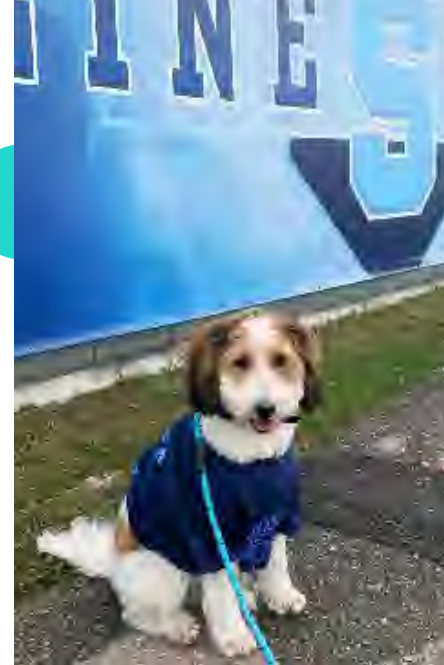


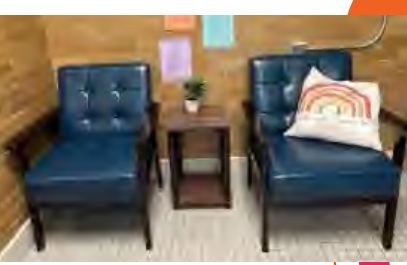
Skyline High School

- 10 students planned project
- 1400 students impacted

Activities

- Training, boarding, and veterinary expenses for new therapy dog, Mocha.
- Mocha regularly greeted students in the hallways, lunchroom, and classrooms
- She is handled by a counselor or social worker, so she has helped students connect with supportive adults in the building
- She is present for meetings and small groups with students who need mental health support





Community High School: *You don't have to be in crisis to seek help*

- 10 students planned project
- 550 students impacted

Activities

- Interactive mantra bulletin board
- Revamped self care stations
- Test stress relief bags with pencils, sensory strips, Life Savers, worry stones, and granola bars
- Homemade posters with mental health facts
- Our main goal was to express to our school that we are working through difficult times; how you care for yourself is vital, and DAG (Depression Awareness Group) is ready with resources no matter who needs help





Huron High School:

No one should be left in the dark

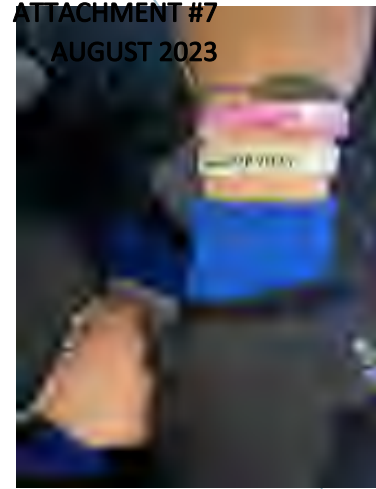
- 15 students planned project
- 1650 students impacted

Activities

- Comfortable furniture for Peer Lab so more students can use the space (two arm chairs and a small sofa)
- Glow in the dark wristbands with the slogan for all students
- Mental health awareness assembly with video highlighting all support staff and where they are located in the building
- At end of assembly, students could submit a survey with suggestions and concerns about their own mental health



ATTACHMENT #7
AUGUST 2023





Early College Alliance @ EMU

- 8 students planned project
- Over 100 students impacted

Activities

- Project's goal was to combat the stress of final exams
- Brought in a therapy dog to visit with students
- Had a speaker talk with students about mental health, specifically depression and anxiety
- Students could send a "candy gram" with a positive message to fellow students
- Printed ECA@EMU water bottles to remind students to stay hydrated



ATTACHMENT #7
AUGUST 2023



ACCE (Achieving College & Career Education):

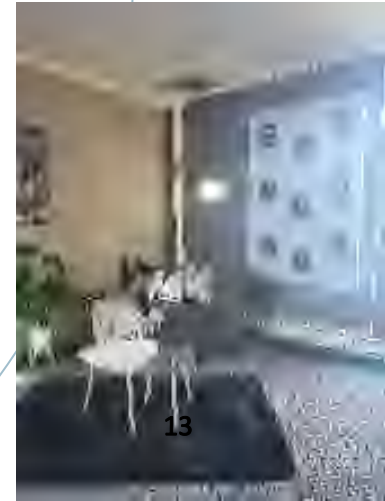
It's Not Weak to Speak

- 10 students planned project
- 100 students impacted

Activities

- Created and furnished a “Zen Room” with bean bags, neon sign, mini fridge, and snacks
 - Students helped to clear out the zen room space, decided on paint colors, helped to prep and paint the space, and helped put furniture together
- Furnished a cafe/podcast studio
- Held Pride Prom with DJ, food, photo booth and decorations
- Held annual Mental Health Day with lunch and massages for students

ATTACHMENT #7
AUGUST 2023



WTMC (Washtenaw Technical Middle College): *Peer 2 Pizza*



- 5 students planned project
- 50 students impacted

Activities

- Goal was to build community and spread mental health awareness across campus
- Launched Peer 2 Pizza program where students could meet for lunch and connect with peers
- Helped to prevent typical isolation of lunch
- Pizza, chips, fruit snacks, fidgets, and games were provided to build connection
- This was a great way to engage shy, socially-isolated students
- Mental health resources were always available



Whitmore Lake Middle & High School

- 20+ students planned project
- 100+ students impacted

Activities

- Training and care of two school support dogs (Floyd & Shadow)
- Improved mental health spaces and students' access to sensory materials, which is instrumental to learning
- Purchased wiggle stools, stand-up desks, a rug, a small sofa, fidgets, and supplies for indoor gardening
- A student who has panic attacks said that being next to Floyd makes them feel stronger, less shaky, and like they "aren't being judged"



WIHI/WIMA (Washtenaw International High School and Middle Academy)



- 50 students planned project
- 585 students impacted

Activities

- Mental health care packages for each student with information about CMH and Ozone House, a fidget, water bottle, breathing exercises, and lip balm
- Purchased comfort items for counseling offices, such as Squishmallows, bluetooth speaker, rug, snacks, stickers, small dry erase boards, fluorescent light covers, toys, games, meditation light, mini fridge
- Funded menstrual products to go with informational classes on mental health and menstrual cycles by the Period Club

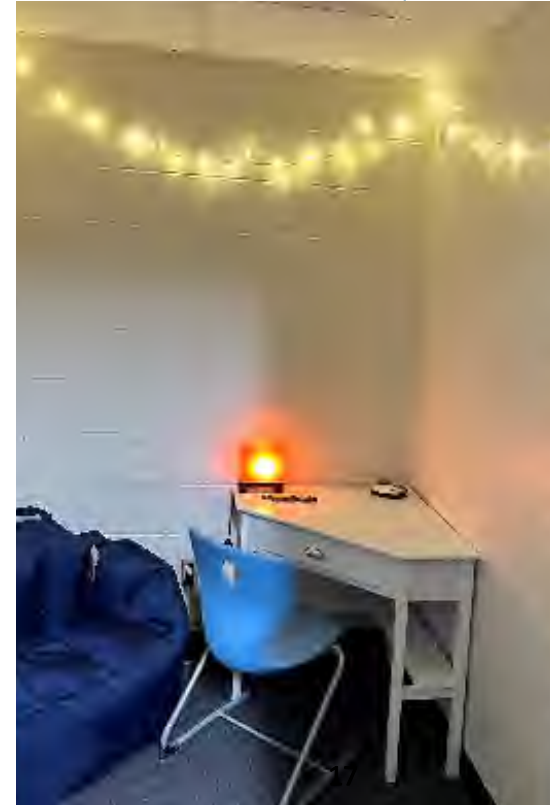


Clague Middle School: *Zen Den*

- 20 students planned project
- 100 students impacted

Activities

- Created the “Zen Den” in the counseling office
- Any student can visit the Den for anxiety, a break, a quiet location, or to calm down
- The Den includes bean bag chairs, a desk, wall decor, calming objects, toys, and lights
- The Zen Den provided a welcoming environment where students in need could communicate with their counselor



WAVE

(Washtenaw Alliance for Virtual Education)

- Purchased 11 yoga mats and a storage caddy for the mats
- Planned to launch an ongoing yoga class for students, but due to logistics, the teacher could not be hired in time to lead the class
- WAVE is looking forward to being able to offer the class to students during the next grant cycle

“

One of our students regularly takes a mental health break from her math class in the Zen Room. She has created a little zone for herself, and knows that the space is there for her on a rough day. Sometimes she wants to talk and sometimes she wants to be quiet and process, but providing a space for her to take a break from a stressful subject where she's not confident in her skills allows her to refocus, gather herself, and return to class in a better head space.

“

I was counseling a student and trying to build rapport with them. The student was very quiet and reluctant to open up. I invited the student to help me take Mocha out for a walk. Giving this role to the student helped them to feel confident and valued. I was able to get to know them better on the walk. They told me about their family pets and I learned a lot about what life is like for them outside of school.

“

This grant has had a great impact on our school community especially after Covid. Since then, the number of students that need access to mental health resources has grown exponentially. Students have shared how much our campaign has helped them be able to share their own mental health journey with their friends.

“

One of our more proficient students began to really struggle with anxiety, to the point that they were becoming ill at school due to their avalanche of negative thoughts during the day. When this student was given the opportunity to explore our new space, and specifically try out some of the essential oils we were able to purchase, they discovered that peppermint calms them and slows their thoughts. Since this occurred, this particular student has reached out many more times for a drop of peppermint on a kleenex to smell throughout the day. This student is one that would normally fly under the radar due to great behavior and amazing grades, but because we were able to introduce them to many different strategies during an anxiety attack, they were able to find something they didn't know about prior.

“

Two students were in an intense, heated argument that was impacting other students and spilling over into class/lunch. I brought the students to our new counseling space and together they worked on unpacking, fluffing, rolling and covering the large, heavy 5 foot beanbags. I left them while I went back to my office, knowing they would have an opportunity to talk through the situation. They remained for an additional class period, having worked through their issue and working together on a common goal, ending with laughter and smiles.



Thank
you!

On behalf of:

- ACCE
- Clague Middle School
- Community High School
- Early College Alliance
- Huron High School
- Lincoln Middle School
- Manchester Jr & Sr High School
- Milan High School
- Pioneer High School
- Scarlett Middle School
- Skyline High School
- WAVE
- Whitmore Lake Jr & Sr High School
- WIHI & WIMA
- WTMC
- Ypsilanti Middle School

WISD/WCCMH Collaborative Work Year 1 Update

August 2023

Overview of WISD's 3-Year Funding

Purpose	Intervention	Year 1	Year 2	Year 3	Total
Universal Prevention	YMHFA	\$42,772	\$43,275	\$43,408	\$129,455
Universal Prevention	SUD Outreach and Coordination	\$24,427	\$24,727	\$24,996	\$74,150
Universal Prevention	ACES Training	\$10,840	\$10,940	\$11,030	\$32,810
Universal Prevention	Learning 2 Breathe	\$99,000	\$85,800	\$85,800	\$270,600
Universal Prevention	Anti-stigma Mini Grants	\$9,540	\$95,740	\$95,919	\$201,199
Early Intervention	SUD Tier II Planning and Coordination	\$15,540	\$15,740	\$15,919	\$47,200
Early Intervention	Handle With Care Coordination	\$7,770	\$7,870	\$7,960	\$23,600
Early Intervention	Mom Power	\$160,956	\$119,393	\$119,979	\$400,328
Early Intervention	Education Project Eligibility Worker	\$80,350	\$82,761	\$85,243	\$248,354
Early Intervention	31n Social Worker Match (10%)	\$81,780	\$81,780	\$81,780	\$245,340
Referral & Crisis Services	Systems Outreach and Education	\$40,143	\$40,643	\$41,091	\$121,877
Referral & Crisis Services	Tier III Inter-Agency Youth Crisis Coordinator	\$139,818	\$187,173	\$190,755	\$517,746
	Totals:	\$712,936	\$795,843	\$803,879	\$2,312,658

Youth Mental Health First Aid Trainings

- Since October 1, WISD's YMHFA instructors have led 3 trainings that resulted in 35 new certified Youth Mental Health First Aiders
- 6 more trainings scheduled through the end of 2023
- Courses promoted widely to all school personnel
- Youth Mental Health First Aid is free to any adult in Washtenaw County who works with young people ages 12-18.
- If you know someone interested in taking an upcoming training, register at this QR Code:



SCAN ME

Youth Substance Use Outreach & Coordination

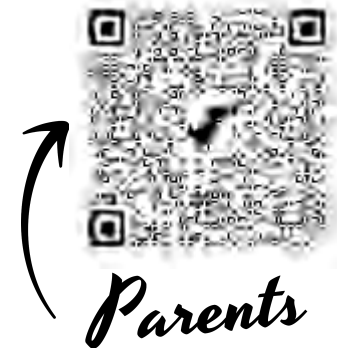
- Engaged several entities with focused work on youth substance use:
 - CMHPSM
 - Trinity Health
 - UMATS
 - Home of New Vision
- Worked with CMHPSM to redirect some of Chelsea Hospital's Project Success services to two underserved districts in the county
- Engaged Tall Cop (<https://www.tallcopsaysstop.com/>) to present on current drug trends to our community on September 28, 2023.

Interested in Attending the Tall Cop Presentation: High in Plain Sight on September 28?

Scan this code to attend the morning
session for community partners from
8:30-11:30 at EMU



Scan this code to attend
the evening session for
parents/caregivers from
6:30-7:45 at EMU



ACEs (Adverse Childhood Experiences) Trainings



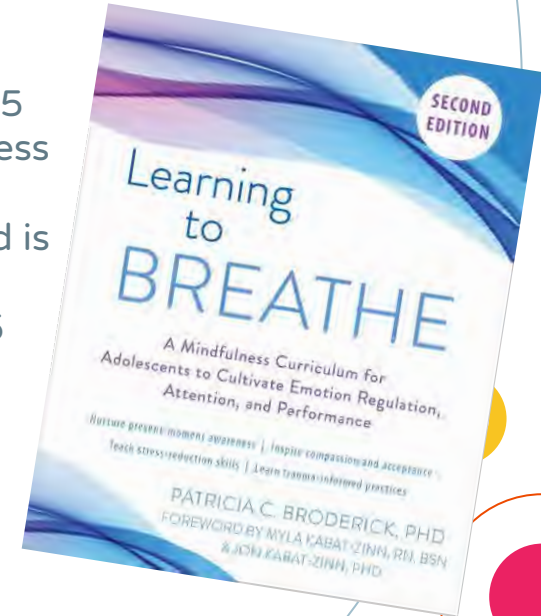
- Conducted two professional development trainings on ACEs for the Washtenaw County Youth Center education staff
- Planning a book study for school staff on the book, *Equity-Centered Trauma-Informed Education* that will launch in December 2023 and run through the rest of the 2023-24 school year
- Three “Understanding Adverse Childhood Experiences” trainings are scheduled at the WISD this fall



UNDERSTANDING
Adverse Childhood Experiences

Mindfulness Curriculum Development

- Change in project modality from original plan to train school staff on Learning to Breathe mindfulness curriculum
 - Post COVID, trainings were only available in person in Utah with limited availability.
 - Equity question
- Result
 - Regrouped to form a small group of educators from 5 different school districts to create our own mindfulness curriculum with Learning to Breathe as an anchor.
 - The team is being led by county SEL Coordinator and is working to create the curriculum
- Goal of training staff and implementation for the 2024-25 school year.



Mental Health Mini Grants

- WISD coordinated and awarded mental health mini grants to 16 different middle and high schools during the 2022-23 school year
- The total amount awarded last year was over \$40,000
- WISD works with schools to plan and execute their project ideas. WISD also manages reimbursements for grants.
- The mental health mini grant projects include ideas such as: furnishing of calm rooms, the creation of mental health libraries, the purchase of sensory items for students, mental health assemblies and speakers, etc.
- The mental health mini grants annually impact thousands of students across the county.



Youth Substance Use Tier 2 Planning and Coordination

- Hosted SUD provider/school forum; met with subset of school administrators to determine how current provider pool met or did not meet adolescent needs.
- Conducted survey of 20 secondary buildings to identify specific program needs.
- Met with providers individually and as partnership team
- Entered into partnership with Home of New Vision (HNV)
 - HNV to offer mental health and substance use assessments for students
 - HNV created a referral form for students and a release of information form to keep schools informed
 - Presented this new process to the county-wide school Mental Health Action Team in March
 - Schools have begun to use this process and we anticipate it gaining even more traction in the 2023-24 school year.

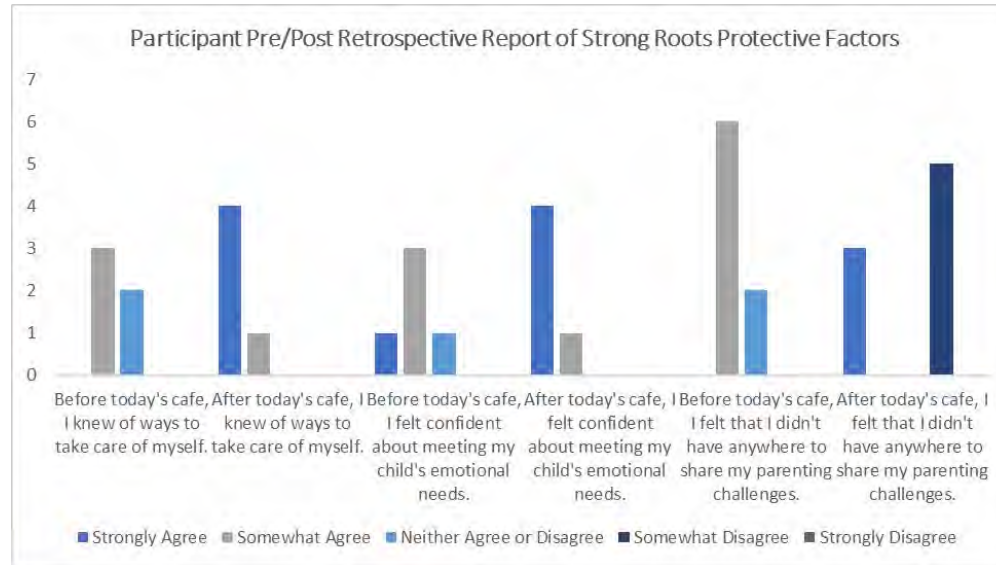
Handle with Care Coordination



- During the 2022-23 school year, WISD received 690 Handle with Care notices from local law enforcement
- These notices involved 1075 students across the county
- Coordination of this program involves:
 - Ensuring that notices are sent to the correct school district
 - Preparing monthly reports for law enforcement and schools
 - Ongoing education for schools and law enforcement
 - Preparing quarterly reports of students with multiple HWC notices.

Mom Power & Strong Roots Parent Cafes

- The first Mom Power group is scheduled to occur Fall 2023.
- Conducted four Strong Roots Parent Cafes (SRPC).
- Total program participants: 31



Education Project Eligibility Worker

- Purpose of role
- Progress Made
 - Met with MDHHS to review program and initiate contract process
 - Timeline determined by MDHHS
 - Received draft contract for position
- Next Steps
 - Awaiting formal contract and initiation of hiring process

31n Funding and Match Update

- 31n Social Worker role
- Updates and report data
- Case management support
- Integrated, multi-system process
- System navigation
- Family outcomes

“My quality of life had been a 2 and now is a 4. The opportunity to talk to people and be heard made a big impact.”

“Helping with executing something I struggle with.”

“I felt invisible when homeless-invisible to the world, but was seen by you.”

Systems Outreach and Education

Initial Steps

Individual meetings with providers to develop relationships and discuss community needs for adolescents

Partners Engaged: 19

Activities: 24

Number of Participants: 127

LEA Mental Health Coordinator

- Position overview
- A candidate has been identified and a conditional offer is pending
- Intended start date of September 7

Tier 3 Inter-Agency Youth Crisis Coordinator

- Timeline
 - Position approved internally in April and approved by WISD Board of Directors May 9
 - Interviews for the position conducted in May 2023
 - Offer extended and accepted in June
 - Coordinator start date- July 17, 2023
- Staff Introduction

Next Steps

- Complete personnel related items
 - New 31n providers
 - Open positions
- Refocus distribution of 31n clinical provider activities based on following considerations:
 - Data available
 - New supervisor
 - Post-Covid landscape for support
- Focus on development of systems outreach and education plan, emphasis on PCP engagement