



Mission: To promote hope, recovery, resilience, and advance health equity in Washtenaw County by providing, high quality, integrated behavioral health services to adults and youth with intellectual/development disabilities, mental health and/or substance use needs.

**WASHTENAW COUNTY COMMUNITY MENTAL HEALTH (WCCMH)
MILLAGE ADVISORY COMMITTEE (MAC) MEETING
AGENDA**

***** In-Person at the Learning Resource Center-Michigan
Room**

**4135 Washtenaw Ave, Ann Arbor
or you may attend virtually at
<https://zoom.us/j/99732268995>**

**February 12, 2024
3:30-5:00 pm**

- I. Roll Call (5 minutes)
- II. Introductions (5 minutes)
- III. Audience Participation (see guidelines below) (5 minutes)
- IV. Committee Response to Audience Participation (5 minutes)
- V. Millage Advisory Committee minutes (5 minutes)
 - Millage Advisory Committee Meeting Minutes and Actions 12/11/23 (Attachment #1) **ACTION**
- VI. Discussion Items (10 minutes)
 - Millage Process, Investments, and Progress Update (Attachment #2) **L. Gentz/T. Cortes**
 - CARES/CCBHC Data Report (Attachment #3) **M. Tasker DOCUMENTS WILL BE WALKED IN AT THE MEETING**
- VII. Financial Budget Update (15 minutes)
 - Financial Budget Update (Attachment #4) **N. Phelps**
- VIII. Old Business (10 minutes)
 - Washtenaw County Sheriff's Office (WCSO) Millage Update **D. Jackson**
- IX. New Business (25 minutes)
 - L. Gentz presented the following funding request to the Committee for approval (Attachment #5) totaling \$353,000.00.
 - o 2 Marines (Attachment #5A) **L. Gentz / J. McAllister ACTION**
 - NAMI Presentation (Attachment #6) **J. Gardner / M. Alfonso**
 - Shelter Association of Washtenaw County Presentation (Attachment #7) **K. Dalessio / S. Gilroy**
 - Ozone Presentation (Attachment #8) **K. Rutledge**
- X. Items for Future Discussions (5 minutes)
 - Millage Investment Plan
 - Washtenaw Coordinated Funding Partnership Update
 - CHRT gaps analysis
- XI. Adjournment (Next Millage Advisory Committee Meeting: April 8, 2024)

Audience Participation Guidelines:

- Three (3) minutes are allowed per speaker
- Speakers are asked to bring a copy of their concerns/comments in writing
- Resolutions on issues will be brought to the appropriate committee as necessary



Mission: To promote hope, recovery, resilience, and advance health equity in Washtenaw County by providing, high quality, integrated behavioral health services to adults and youth with intellectual/development disabilities, mental health and/or substance use needs.

VIRTUAL MEETING LINK IS:

Join from a PC, Mac, iPad, iPhone or Android device:
Please click this URL to join. <https://zoom.us/j/99732268995>

Or One tap mobile:
+13126266799, 99732268995# US (Chicago)
+16465189805, 99732268995# US (New York)

Or join by phone:
Dial (for higher quality, dial a number based on your current location):
US: +1 312 626 6799 or +1 646 518 9805 or +1 929 205 6099 or
+1 267 831 0333

Webinar ID: 997 3226 8995

International numbers available: <https://zoom.us/u/avkB2eHWh>

Audience Participation Guidelines:

- Three (3) minutes are allowed per speaker
- Speakers are asked to bring a copy of their concerns/comments in writing
- Resolutions on issues will be brought to the appropriate committee as necessary

**WASHTENAW COUNTY COMMUNITY MENTAL HEALTH AGENCY (WCCMH)
WCCMH MILLAGE ADVISORY COMMITTEE MEETING MINUTES *DRAFT***

December 11, 2023

Learning Resource Center-Michigan Room (in person)

<https://zoom.us/j/98220834331> (virtual)

3:30–5:00 pm

N. Graebner-Sundling called the meeting to order at 3:30 pm.

ROLL CALL:

A. Carlisle attending in person
N. Graebner-Sundling attending in person
H. Heaviland attending in person
B. Higman attending virtually
R. Rion attending in person
M. Udow-Phillips attending in person
G. Waddles Jr attending in person
K. Walker attending in person

MEMBERS ABSENT:

D. Jackson (non-voting), M. Radzik, A. Rooks, A. Somerville

STAFF PRESENT:

R. Avedisian, T. Cortes, N. Phelps, M. Harding, L. Gentz, E. Montgomery, T. Florence, M. Tasker

OTHERS PRESENT:

J. Roy, L. Lutomski, M. Creekmore, M. Hill, P. Cornell-Allen, K. Snodgrass

- I. Introductions
 - None
- II. Audience Participation
 - NONE
- III. Committee Response to Audience Participation
 - NONE
- IV. Millage Advisory Committee Minutes and Actions from 10/16/23 (Attachment #1)
 - Millage Advisory Committee Minutes and Actions of 10/16/23 were reviewed

MOTION BY M. UDOW-PHILLIPS, SUPPORTED BY N. GRAEBNER-SUNDLING TO RECOMMEND APPROVAL OF THE MINUTES AND ACTIONS FROM THE OCTOBER 16, 2023, MILLAGE ADVISORY COMMITTEE MEETING AS PRESENTED.

ROLL CALL VOTE:

CARLISLE	Y	GRAEBNER-SUNDLING	Y
HEAVILAND	Y	HIGMAN	Y
RADZIK	N/A	SOMERVILLE	N/A
RION	Y	ROOKS	Y
UDOW-PHILLIPS	Y	WADDLES, JR.	Y
WALKER	Y		

MOTION CARRIED

V. Discussion Items

- Millage Process, Investments and Progress Update (Attachment #2)
 - o L. Gentz presented the Millage Process, Investment and Progress update to the Committee.

VI. Financial Budget Update

- Financial Budget Update (Attachment #3)
 - o N. Phelps presented the Financial Budget update ending October 31, 2023, to the Committee.
- Fund Balance Discussion
 - o N. Phelps and T. Cortes lead the fund balance discussion to the Committee.

VII. Old Business

- Washtenaw County Sheriff's Office (WCSO) Millage and Financial Status Update
 - o None

VIII. New Business –

- CRU Presentation
 - o M. Tasker and J. Roy provided a presentation on the Co-Response Unit (CRU) to the Committee.

IX. Items for Future Discussions

- Millage Investment Plan
- Washtenaw Coordinated Funding Partnership Update
- CHRT gaps analysis

MOTION BY M. UDOW-PHILLIPS, SUPPORTED BY N. GRAEBNER-SUNDLING TO ADJOURN THE WCCMH MILLAGE ADVISORY COMMITTEE MEETING.

Meeting adjourned at 4:35 pm.

Washtenaw County Mental Health and Public Safety Millage Initiative Dashboard

Initiative	New or expanded services	Crisis services	Stabilization services	Integrated & coordinated	Peer support services	SUD services	Housing services	Education & prevention	Reducing stigma	Adult-focused	Youth-focused	Cross-sector collaboration	Needs assessment &	Grants: supplements millage	Status	Date Implemented, Expected, or Completed
Washtenaw CARES	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓			Implemented	May 2019
CCBHC	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓		✓	Implemented	May 2019
750 Towner assessment center	✓	✓	✓	✓						✓		✓			Implemented	March 2020
NAMI peer project	✓				✓					✓		✓			In progress	Ongoing
Mental Health First Aid training								✓	✓	✓	✓	✓			In progress	Ongoing
Youth assessment center	✓							✓			✓	✓	✓	✓	In progress	Ongoing
Youth court therapeutic CSM position	✓										✓	✓			Implemented	December 2020
31N WISD school MH project	✓							✓	✓		✓	✓			In progress	Ongoing
Mini-grant Anti-stigma campaign w/WISD								✓	✓		✓	✓			In progress	Ongoing
Anti-stigma campaign w/public health								✓	✓	✓	✓	✓			In progress	Ongoing
Corner psychiatry access	✓	✓	✓	✓							✓	✓			Implemented	November 2019
SUD system transformation	✓					✓		✓	✓	✓	✓	✓	✓	✓	Implemented	January 2022
MAT in jail	✓					✓				✓		✓		✓	Implemented	January 2020
LEAD initiative	✓							✓		✓	✓	✓		✓	In progress	Ongoing
Housing RFP w/OCED	✓	✓	✓				✓			✓	✓	✓			In progress	Ongoing
Washtenaw Health Plan	✓			✓				✓		✓					In progress	Ongoing
Student Advocacy Center	✓							✓			✓				In progress	Ongoing
Ozone Psychiatry Access	✓						✓				✓	✓			Implemented	June 2021
5 Healthy Towns										✓	✓	✓	✓		In Progress	Ongoing
kNEWjoy/Packard	✓			✓							✓	✓			In Progress	Ongoing

CLR Academy					✓			✓			✓			Completed	August 2021
Voices of Youth									✓		✓			In Progress	On-going
MJRF Pilot Program									✓		✓			In Progress	On-going
Community Family Life Center											✓	✓		In Progress	October 2023
Wayne State Behavioral Health and Justice			✓									✓	✓	In Progress	October 2023

Plan and Integrate

Initiative	Status	Updates?
LEADD	Initial evaluation report conducted, and it shows that LEADD is reaching who it was intended to serve, and the program is decreasing LE contact and jail bookings. Discussions are occurring at the policy coordinating level on a timeline for expanding the program.	No
Youth Assessment Center	Provider convening set for 4/15 at WCC to review the provider survey maps and receive feedback. CHRT is assisting with conducting two listening sessions for community members to have community feedback included in the convening.	
Community Response to MH Crisis	WCSO convening stakeholder group 12/7.	No
5 Healthy Towns/One Big Thing	<i>Social Isolation Action Team-</i> is promoting the use of 1 Big Connection and meeting with school teams to identify youth mental health needs. <i>Access to Resources Team-</i> Developing strategies to increase senior access to resources is primary focus. <i>Use of Alcohol and other Substances Team-</i> Rock the Mock campaign launched and working with HONV to get Narcan boxes added to Dexter, Manchester and Stockbridge.	No
SUD System Transition	Implementation began on January 1, 2022.	No

**Wayne State Center for
Behavioral Health and
Justice**

Contract in process and kick off meetings have been conducted.

Expand Services

<i>Initiative</i>	<i>Status</i>	<i>Updates?</i>
CARES/Crisis/750/CCBHC Housing RFP	M. Tasker to report The Shelter Association of Washtenaw County presentation during the meeting. Ozone house served 13 young people at Miller House with 5 moving out and 6 moving in. Of the 5 individuals who moved out they all gained increased life skills. They increased screenings to 37 and 17 were connected to services. 377 calls were received to their crisis line, and all were linked to services.	
31 N/ WISD Mini Grants	Mini Grants- To date we've received and approved applications from 12 different schools for projects totally just under \$40,000. We are pleased to award Manchester Jr/Sr High School with its first ever mental health mini grant in the amount of \$5,000 to create and furnish a calm room for students to visit when they feel dysregulated. 31N- Parent ed series has starting and has been highly attended. They have expanded their team to 6 clinicians and continue to hire. They conducted <u>more than 700 children representing 299 families</u> (identified as at-risk by districts. These youth and families were identified as having needs and barriers, such as homelessness, that prevented regular and sustained participation in school. This team contacts each family to discuss concerns and challenges, conducts a needs assessment, works to develop a relationship with the adults, actively works to connect them with services and resources, perform warm hand-offs, and follow-up with each family regularly. They are developing a mindfulness curriculum and have conducted 5 YMHFA trainings training a total of 57 individuals.	
Youth Center MHP	Position in place and going well. CMH is also now the provider for the Youth Center's day treatment program.	No

Justice Involved Youth Ozone Psychiatry Access	4 hours of psychiatry is being provided at Ozone House.	No
Corner Health Psychiatry Expansion	CMH increased psychiatry time at Corner Health from 1 to 2 full days/week.	No
Jail MAT	Planning meetings have occurred to expand access to Therapeutics with co-locating a case manager and prescriber in the jail 3 days per week. Implementation date is still being discussed.	No
Washtenaw Health Plan	First quarter of this fiscal year they supported 551 individuals with healthcare navigation, 178 individuals were connected to mental health providers and 9 different languages are now providing mental health support in 9 different languages.	
Student Advocacy Center	New funding proposal passed October MAC. Next report due in February for fall academic semester	No
Shelter Association	Emergency covid crisis stabilization funds (under \$50,000) were provided to the Shelter to provide emergency isolation quarantine staffing for Omicron Covid surge.	No
kNEWjoy/Packard	Hired a new project coordinator and engaged with the community via several community-sponsored formal and informal events to identify members for the project's advisory board to assist with producing culturally tailored mental health resources for Black males. We also hosted the first advisory board meeting on November 28, 2023, and developed a plan for how to engage the advisory board productively.	
CLR Academy	Reissuing contract for them to complete a 12-week program at New Parkridge.	No
Community Family Life Center	Contract is being finalized and no quarterly report due yet.	

Communicate and Evaluate

<i>Initiative</i>	<i>Status</i>	<i>Updates?</i>
<i>NAMI Peer Project</i>	Presentation during this meeting.	
<i>Anti-Stigma Campaign</i>	Met with 3 different youth groups over the quarter to gain insight into campaign messaging. They posted 56 Instagram stories/posts, had 296 interactions with 9500 impressions given.	
<i>MHFA/YMHFA Education initiatives</i>	Trainings occurring monthly for adult MHFA and the WISD will be pushing out a large youth MHFA training initiative for school staff and families over the summer.	No
<i>Millage Comms Strategy</i>	1811 newsletters sent between Nov. and Dec. 10 vignettes were published in 3 separate publications. Revamped WCCMH brochure and website.	
<i>Voices of Youth</i>	Contract has been renewed and new outreach to students will begin in the fall.	No
<i>MJRF Pilot Program</i>	Contract completed and coach training tools are being developed.	No

Washtenaw County Community Mental Health - Millage Advisory Committee
Millage Financial Update - For Twelve Months Ending December 31, 2023

*** Year End Processing is still taking place at the time of preparation - this is not a final report for 2023 ***

	Budget to Actuals				Commitments		
	Annual Budget	Budget YTD	Actuals YTD	Actuals YTD Over/(Under) Budget YTD	Committed Current Fiscal Year	Remaining Uncommitted Current Fiscal Year	Committed FY 2024
Community Wide Service Expansion							
<u>CARES Team</u>							
Access & Triage	\$ 577,500	\$ 577,500	\$ 561,208	\$ (16,292)	\$ 577,500	\$ -	\$ 606,375
Treatment & Stabilization Services	577,500	577,500	689,112	111,612	577,500	-	606,375
Crisis Response	787,500	787,500	794,158	6,658	787,500	-	826,875
Crisis Stabilization Center	367,500	367,500	351,966	(15,534)	367,500	-	385,875
Other CARES Team	417,480	417,480	384,477	(33,003)	417,480	-	438,354
<u>Criminal Justice Diversion & Deflection</u>							
WCCMH Staffing - LEADD/Jail Services	\$ 450,000	\$ 450,000	\$ 329,632	\$ (120,368)	\$ 400,000	\$ 50,000	\$ 450,000
Prosecutting Attorney Office	\$ 122,779	\$ 122,779	122,779	\$ -	\$ 122,779	\$ -	\$ 127,690
<u>Supportive Housing</u>							
Supportive Housing	\$ 172,870	\$ 172,870	\$ 152,371	\$ (20,499)	\$ 172,870	\$ -	\$ -
Avalon - Permanent Supportive Housing	480,000	480,000	263,383	(216,617)	480,000	-	180,000
Emergency Housing	50,000	50,000	188,134	138,134	50,000	-	50,000
<u>Youth Initiatives and Support</u>							
Washtenaw Intermediate School District	\$ 940,716	\$ 940,716	\$ 360,656	\$ (580,060)	\$ 940,716	\$ -	\$ 795,843
Student Advocacy Center	193,643	193,643	256,537	62,894	193,643	-	-
Health Dept - Anti Stigma Campaign	170,000	170,000	103,535	(66,465)	170,000	-	56,667
WCCMH - Wraparound Staff	95,000	95,000	92,110	(2,890)	95,000	-	100,000
Ozone House	100,000	100,000	113,302	13,302	100,000	-	-
Packard Health - YBMen	125,000	125,000	31,250	-	125,000	-	-
Other Youth Initiatives and Support	50,000	50,000	-	(50,000)	50,000	-	-
<u>Other Service Expansion</u>							
Washtenaw Health Plan	\$ 165,000	\$ 165,000	\$ 165,000	\$ -	\$ 165,000	\$ -	\$ 165,000
Other	125,000	125,000	49,503	(75,497)	125,000	-	-
TOTAL Community Wide Service Expansion	\$ 5,967,488	\$ 5,967,488	\$ 5,009,113	\$ (864,625)	\$ 5,917,488	\$ 50,000	\$ 4,789,054

	Budget to Actuals				Commitments		
	Annual Budget	Budget YTD	Actuals YTD	Actuals YTD Over/(Under) Budget YTD	Committed Current Fiscal Year	Remaining Uncommitted Current Fiscal Year	Committed FY 2024
Education & Prevention							
<u>Education & Outreach</u>							
NAMI Contract	\$ 263,550	\$ 263,550	\$ 263,550	\$ -	\$ 263,550	\$ -	\$ 169,425
MHFA Trainings	25,000	25,000	-	(25,000)	25,000	-	25,000
TOTAL Education & Prevention	\$ 288,550	\$ 288,550	\$ 263,550	\$ (25,000)	\$ 288,550	\$ -	\$ 194,425
Evaluate & Communicate							
<u>Evaluate</u>							
CHRT Contract	\$ 73,075	\$ 73,075	\$ 65,462	\$ (7,613)	\$ 73,075	\$ -	\$ -
<u>Communicate</u>							
CHRT Contract	\$ 261,890	\$ 261,890	\$ 200,013	(61,877)	\$ 261,890	\$ -	\$ -
TOTAL Evaluation & Communication	\$ 334,965	\$ 334,965	\$ 265,475	\$ (69,490)	\$ 334,965	\$ -	\$ -
Administration of the Millage							
WCCMH	\$ 555,000	\$ 555,000	\$ 582,466	\$ 27,466	\$ 540,000	\$ -	\$ 555,000
Grand Totals	\$ 7,146,003	\$ 7,146,003	\$ 6,120,604	\$ (931,649)	\$ 7,081,003	\$ 50,000	\$ 5,538,479

Millage Funding Summary February 2024

2 Marines : 2Marines seeks a two-year mental health grant to enhance mental health services for African American males, including veterans, in the 48197 and 48198 zip codes. The goal is to strengthen mental health programs focusing on trauma-based care specifically tailored for low-income African American males aged 10 to 65, including veterans, within these areas. The project will expand clinical capacity to meet the rising demand for mental health care. The services aim to alleviate stress and trauma prevalent within the African American community, including veterans, and improving their access to mental and physical health resources to build resiliency.

Goals and Objectives:

- Provide case management and individual/group therapy for trauma-exposed African American males, including veterans.
- Reduce distress, improve functioning, and foster resilience through therapy and access to community resources.
- Hire culturally aligned staff fluent in African American Vernacular English to bridge language barriers.
- Assess client progress through regular check-ins, evaluations, and assessments using various scales.
- Provide exit interviews and post-assessments to gauge treatment effectiveness.

Funding Amount:

Year 1- \$162,500

Year 2-\$190,500

Total- \$353,000



2 Marines

1447 Jeff St Suite 1
Ypsilanti, MI. 48198

TO: Lisa Gentz, LMSW, WCCMH Program Administrator

Subject: Mental Health Grant Proposal for African-American Males, including Veterans

Date: Oct 06, 2023

**WCCMH MILLAGE PROPOSAL: Mental Health Srvcs. for African American Males to
include Veterans**

Executive Summary:

2Marines seeks a two-year mental health grant to enhance mental health services for African American males, including veterans, in the 48197 and 48198 zip codes. Our goal is to strengthen mental health programs focusing on trauma-based care specifically tailored for low-income African American males aged 10 to 65, including veterans, within these areas.

In the case of receiving the grant, the increased budget will empower us to expand our clinical capacity to meet the rising demand for mental health care. Our services aim to alleviate stress and trauma prevalent within the African American community, including veterans, and improve their access to mental and physical resources for resilience.

Project Description:

2Marines aims to address the urgent need for culturally sensitive mental health care in Washtenaw County, focusing on low-income African American citizens, including veterans. We'll provide trauma-focused care, interventions, and therapies designed to mitigate stress, PTSD, and traumatic brain injuries caused by social determinants of health.

The program includes tailored psychoeducation on mental health and its correlation with social determinants of health. Therapeutic approaches encompass Cognitive Behavioral Therapy (CBT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), T-GCTA, Play Therapy, Mindfulness, Progressive Relaxation, and Peer Support.

Goals and Objectives:

- Provide case management and individual/group therapy for trauma-exposed African American males, including veterans.
- Reduce distress, improve functioning, and foster resilience through therapy and access to community resources.
- Hire culturally aligned staff fluent in African American Vernacular English to bridge language barriers.
- Assess client progress through regular check-ins, evaluations, and assessments using various scales.
- Provide exit interviews and post-assessments to gauge treatment effectiveness.

Evaluation:

Ongoing assessments and evaluations will measure client progress and program effectiveness. Baseline and periodic assessments will guide treatment plans, while staff and client feedback will inform adjustments.

Sustainability:

The program's sustainability relies on securing grants, leveraging insurance billing, and strategic budget allocations.

Budget Justification:

- Clinical staff hiring: \$142,500
- Software and hardware: \$20,000

Tool/Software, Cost (Estimate)
VR Headsets (10 Meta Quest pro, example!)
VR Content Creation Software
Examples: Unity, Unreal Engine,
Telehealth Platform
Examples: Doxy.me, Zoom for Healthcare,
Mental Health Assessment Tools
Examples: PHQ-9, GAD-7,
Data Security Software
Example: Norton Small Business HIPAA Plan,

GRAND TOTAL: \$162,500 Year One

Implementation Timeline:

- **Jan-Feb 2024:** Recruitment and hiring
- **Mar-Apr 2024:** Onboarding and technological setup
- **May 2024:** Full program launch

Updated Budget Proposal for 2Marines Mental Health Grant:

Year 1: \$162,500

- Clinical staff hiring: \$142,000
- Software and hardware: \$20,000 (including VR Headsets, Content Creation Software, Telehealth Platform, Mental Health Assessment Tools, Data Security Software)

Year 2: \$190,500

- Including the costs of the Clinical Director, Clinical Social Workers, Case Manager, Data Analyst, Material & Supplies, Payroll Taxes, Quick Books, Software & Hardware renewal, and potential Space & Occupancy.

Roles and Responsibilities:

1. Clinical Director: 60K
 - Oversees clinical operations and staff supervision.
 - Provides in-service training.
 - Conducts individual/group therapy and case management as needed.
2. Clinical Social Workers (50%): 25K
 - Conduct therapeutic services and case management.
 - Supervise student interns.
 - Maintain progress notes, treatment plans, and discharge plans.
 - Provide periodic progress reviews.
3. Case Manager (50%): 22K
 - Performs targeted case management.
 - Facilitates connection to community resources.
 - Conducts intake process, including assessments.
 - Maintains progress notes, treatment plans, and discharge plans.
4. Data Analyst: 10k
 - Utilizes data processing software to create reports.
 - Focuses on programmatic satisfaction and quality improvement.
5. Material & Supplies: 5k
 - Includes books, toys, and auxiliary therapeutic materials.

6. Payroll Taxes: **up to 13k**
 - Employer taxes required by Federal & State governments.
7. QuickBook Service Cost: **Up to 3K**
 - Payroll processing costs.
8. Software & Hardware (Ongoing): 20K
 - Purchase new HIPAA-compliant software/hardware.
 - Subscription costs for mental health services and data tracking.
9. Space & Occupancy (if necessary): **Up to 20K**
 - May need to rent additional space for new positions.
 - Final cost determined upon award/program implementation.
10. Marketing: 12,500k
 - Graphic design cost, printing cost, including ink and toner, copier.

Implementation Timeline:

- Jan-Feb 2024: Recruitment and hiring
- Mar-Apr 2024: Onboarding and technological setup
- May 2024: Full program launch

2022 - 2023 Millage Funded Activities



National Alliance on Mental Illness

Washtenaw County

NAMI Washtenaw County is a local affiliate of the National Alliance on Mental Illness, the largest grassroots mental health organization in the country. For 40 years our affiliate has strived to improve the lives of those who live with a mental health condition and their loved ones.



Judy Gardner
Executive Director
NAMI Washtenaw County

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Maria Alfonso
Project Manager
NAMI Washtenaw County

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Project Update: Resource Booklet & Website

ATTACHMENT #6
FEBRUARY 2024
2022-2023 MILLAGE FUNDED ACTIVITIES | 12/4/2023



[https://namiwc.org/taking-care-free-download/
takingcarewashtenaw.org](https://namiwc.org/taking-care-free-download/takingcarewashtenaw.org)

Project Components

- Taking Care – based on KII, focus groups, and surveys conducted in Washtenaw County we created a resource guide to help people who have little to no experience with mental health conditions. The guide includes information including a flow chart on which emergency number to call in a crisis, the different levels of care available (outpatient, partial, and in patient), and a number of other useful tips on how to successfully access treatment.
- Website Directory – a more detailed directory of local resources that is divided by user needs

Outreach Statistics

- Number of printed copies distributed: Over 3000
- Number of downloads: 200

Project Update: Campuses in Color Support Group

- Campuses in Color is a new support group formed to address the mental health needs of students of color at Washtenaw Community College, Eastern Michigan University, and University of Michigan



NAMI CAMPUSES IN COLOR

a tri-campus well-being support group for graduate and undergraduate students of color at U-M, EMU, and WCC.



Tuesday
7-8:15 p.m.

Support group meetings will be held every other Tuesday at **7-8:15 p.m.**



Online

Upcoming Dates:

November 7

November 21

December 5

December 19



Register at
<https://namiwc.org/campuses-in-color-support-group/>

A participant, when asked how they would describe our Peer-to-Peer class:

“Collaborative, even though it’s not a support group you do form a community over time. Diverse backgrounds and all different places of life. Others’ progress inspires you.”

2022 Class & Support Group Stats

Peer-to-Peer

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- Number of classes: 4
- Number of people served: 41

Family-to-Family

.....

- Number of classes: 3
- Number of people served: 79

Support Groups

.....

- Support groups: Family & Friends, Young Adult, NAMI Faith, and Connection
- Number of people served: 700+

2022 Outreach Booths & Events Timeline

January

Jan 30 - SRSLY Chelsea & NAMI WC - Shattering Stigma and Building Resilience

March

Mar 11 - Mental Health Awareness presentation for Family Empowerment Program
Mar 18 - WACC Lunch and Lecture
Mar 23 - NAMI on Campus presentation

April

April 4 - Healthy Together West Willow x NAMI WC

May

May 11 and 12 - Pickney High School (3 presentations)
May 22 - Mental Health 101 Webinar for Sigma Gamma Rho Sorority

July

July 12 - NAMI WC promotional video for Garrett’s Space
July 14 - Mental Health Panel for Saline Leadership Institute
July 21 - Washtenaw County Treasurer’s Office - Mental Health 101 Webinar

August

Aug 2 - ETS Panel for Behavioral Health Emergency Partnership Training at WCC (WCC Police Academy)
Aug 20 - YCS FACE Conference - ETS for Parents

October

Oct 24 - ETS for Community Health School
Oct 27 - Ken Duckworth: You Are Not Alone - Ypsilanti Outreach Event

November

Nov 2 - Mental Health 101: Caregiving presentation for Eaton Org

December

Dec 6 - ETS Panel for Behavioral Health Emergency Partnership Training at WCC (WCC Police Academy)
Dec 15 - ETS Panel for WCC Abnormal Psych Class

A participant, when asked what they would take away from this experience:

“Biology and genetics information. It takes a little bit of the guilt off of you in terms of control. It doesn't hit home until you look at the science.”

2023 Class & Support Group Stats

Peer-to-Peer

.....

- Number of classes: 4
- Number of people served: 40

Family-to-Family

.....

- Number of classes: 2
- Number of people served: 56

Support Groups

.....

- Support Groups: Young Adults, Connection, NAMI Faith, Campuses in Color, and Friends and Family
- Number of people served: 600+

2023 Outreach Booths & Events Timeline

February

Feb 16 - WTS for Americorps Seniors Foster Grandparents Program

March

March 16 - ETS for Huron High School

March 30 - Mental Health 101: Grief, Trauma, and Loss for Eaton Org

March - Family-to-Family class

April

April 6 - ETS Panel: Crisis Resources for InterVarsity Christian Fellowship

April 26 - Mental Health 101 Presentation for Family Empowerment Program - New Parkridge

May

May 9 - Mental Health 101 Presentation for Family Empowerment Program - Hamilton Crossing

May 20 - ETS Panel for YCS FACE (mental health fair)

July

July 25 - Mental Health 101 for Cranbrook Tower Senior Living

August

Aug 1 - ETS Panel for WCC Police Academy/ MCOLES / Cardinal Group

September

Sep 21 - Mental Health 101 for St. Louis Center

October

Oct 4 - Resources Presentation for Trinity Health Ann Arbor Hospital Internal Medicine Section Head Meeting

Oct 5 - Resources Presentation for Washtenaw County Medical Society (WCMS)

2023 Challenges

Core Challenges

Volunteer and Employee Retention

- Volunteer Discord
- Increased volunteer social events
- Program Manager

Program Registrations

- New forms of online outreach through podcasting and video marketing
- Website redesign for improved UI/UX

Looking to 2024: Millage Funded Activities

2024 Major Goals: Committee of Washtenaw County Mental Health Nonprofits

- Project Goals:
 - **Create an annual survey to gather data on local mental health trends, effective mental health program communications, and local barriers to treatment** from program participants in each organization. The goal of this survey would be to gain more customized data on the state of mental wellbeing in Washtenaw County to help our community identify gaps in care and barriers to treatment. Ideally, the data would be gathered each year to hopefully provide insight into trends and program effectiveness. Our final goal with the data is to anonymize it all and, with the express agreement of each of our partners, publish it openly so organizations, students, and individuals can study and learn from the information. This would also be a way for us to honor the investment made by taxpayers when they voted for the millage.
 - **Improve collaboration between programs.** Many of our local mental health nonprofits provide very specific programming, meaning an individual dealing with a mental health crisis could benefit from the work of multiple nonprofits, not just one. However, being separate organizations, we don't currently have a system in place for smooth "transferring" between our different programs. By working together, we could create an easier system for support between or organizations so that our participants can focus on healing and not on juggling a list of different mental health orgs.
 - **Build a coordinated advocacy agenda.** While we have partnered in the past for different advocacy items, a coordinated agenda would strengthen our collective bargaining power and allow us to push mental health care to the forefront of policy.

2024 Major Goals Cont.

NAMI WC Podcast

- Project Goals:
 - To decrease stigma around mental illness by sharing the everyday stories of people who live with a mental health condition
 - Market NAMI WC classes and support groups, especially young adults (under 35) who make up the majority of podcast listeners

Website Redesign

- Project Goals:
 - Improve the user experience and ease of access to information, especially our classes and support groups
 - Add a new source of revenue and marketing for the organization through the creation of merchandise with the hope of improving the organization's financial stability
 - Increase visibility of lesser-known NAMI WC programs, such as our hospital outreach program

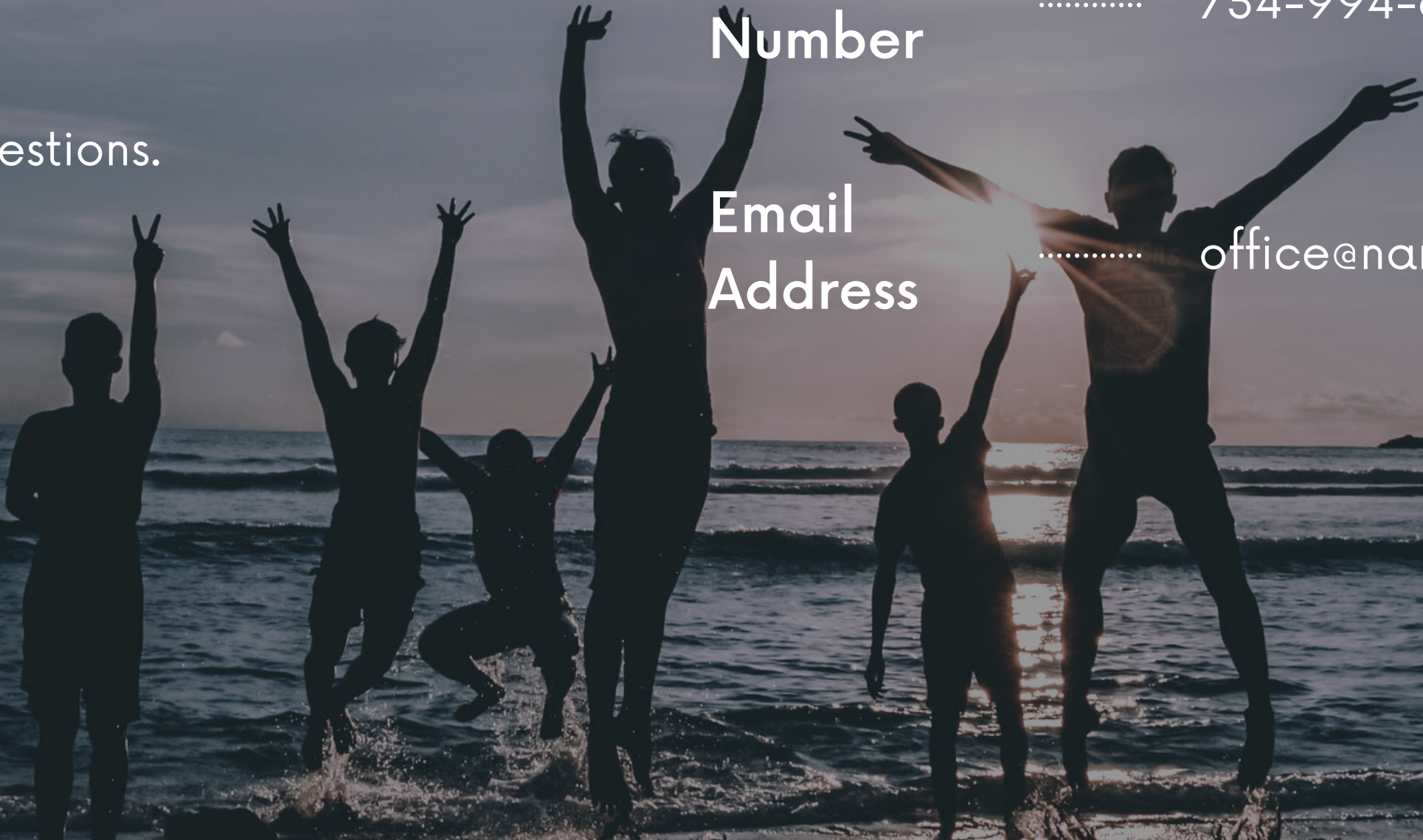
Thank you!

Contact us if there are any questions.

Website <https://namiwc.org>

Phone
Number 734-994-6611

Email
Address office@namiwc.org



SAWC Program Overview

Housing Crisis Stabilization
Shelter Association of Washtenaw County

Presented by Shannon Gilroy, Crisis Coordinator and
Kate D'Alessio, Program Director

Housing Crisis Stabilization (HCS)

Behavioral health respite/recuperative program in partnership with WCCMH

Up to 7 residential beds reserved (mostly on 2nd floor)

WCCMH Adult Services, Crisis Team, Hospital and Jail liaisons refer persons needing immediate shelter after being established newly with MH services and/or after post-acute crisis

HCS

Millage Funding 2021 to 2026

Individual Service Plans (ISP) on goals to stabilize

Common goals are to routinely take medications, learn new coping skills, and follow up with WCCMH case manager

Coordination with WCCMH case management on medication management and therapy services

SAWC housing case management by Crisis Coordinator



HCS Key Metrics



Provide immediate shelter to 35 or more persons with WCCMH referrals



Accept at least 70% of WCCMH referrals

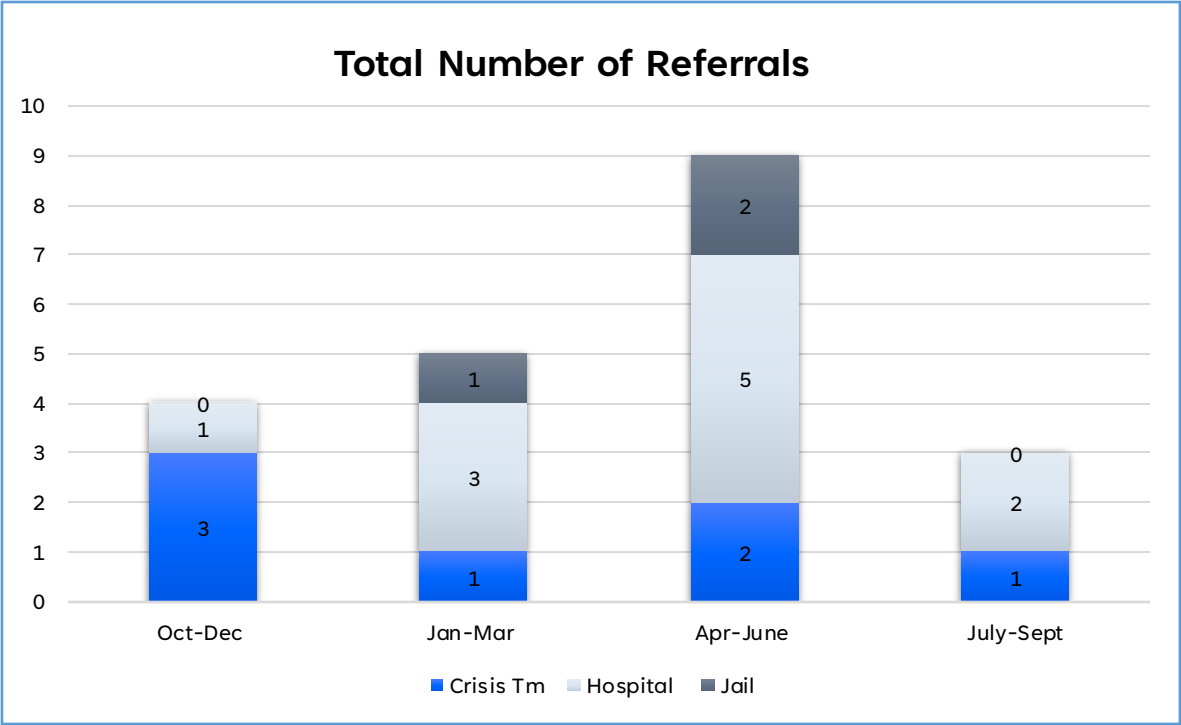


Reserve up to 7 residential beds



60% or more locate housing

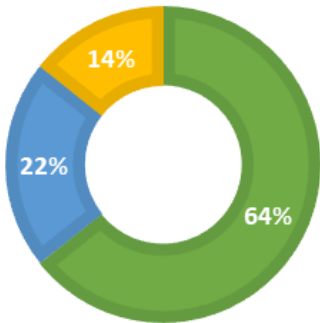
HCS Reporting



SAWC HOUSING CRISIS STABILIZATION PROGRAM MENTAL HEALTH GOALS UPON EXIT 2023

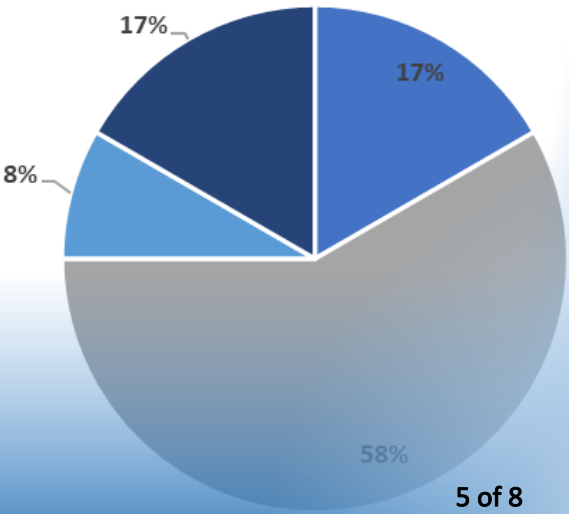
ATTACHMENT #7
FEBRUARY 2024

- Graduated from Program /Met Goals
- Did not Meet Goals upon Exit
- Met some goals upon Exit



SAWC Housing Crisis Stabilization Destinations 2023

- Pending housing in Residential
- Housed/Higher Level of Care
- Place not meant for habitation
- Warming Center





SAWC Housing Crisis Stabilization —Success Story from April 2022

Ivan entered the program departing from a group home where he felt unsafe. An Emergency Medical Technician transported Ivan to the hospital for a medical concern. After seeing the home, they reported it to Adult Protective Services. Ivan was referred to the HCS program. He needed support to meet his needs, find new housing, and manage his medication. The Crisis Coordinator assessed him and helped him with these needs. They connected Ivan with Community Mental Health. They found a 1-bedroom apartment and transferred his Section 8 Housing voucher, in less than two months.

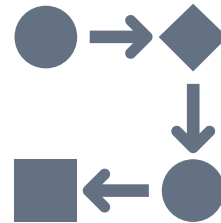
Success Story

HCS Goals

ATTACHMENT #7
FEBRUARY 2024



Hiring Mental Health Coordinator
for more specialized ISP
development



Re-develop referral process
workflow with WCCMH



Reduce Length of stay to serve
targeted number of persons
served



Thank you

Kate D'Alessio

SAWC Program Director

Dalessiok@washtenaw.org

Shannon Gilroy

Crisis Coordinator

Gilroys@washtenaw.org

Millage Funding Update



February 12, 2024

Overview

Mission, Vision, Core Values

History of Ozone House

Who We Serve

Programs & Services

Millage Funding

Homeless Youth System of Care

Youth Advisory Board(s)

²

Next Steps

CORE VALUES

Empathy

We demonstrate care and compassion for one another by creating affirming spaces and assuming positive intent.

Equity

We seek to understand and counteract the effects of inequitable systems with informed consistency in our work and interactions.

Integrity

We act with the best intentions through holding ourselves and one another accountable and continuously strive to do the right thing in all situations.

Collaboration

We prioritize inclusion, connection, and teamwork across our organization and community to ensure all voices are heard.

Resilience

We approach our work with a sense of determination and with active hope for a positive future.

Safety

We promote an environment of physical and psychological safety, where people are free to be their authentic selves, learn from mistakes, and promote holistic wellbeing.

Mission, Vision And Core Values

Mission Statement

Ozone House provides holistic support and housing services that enhance the wellbeing and safety of young people through empowerment, advocacy, and connection.

Vision Statement

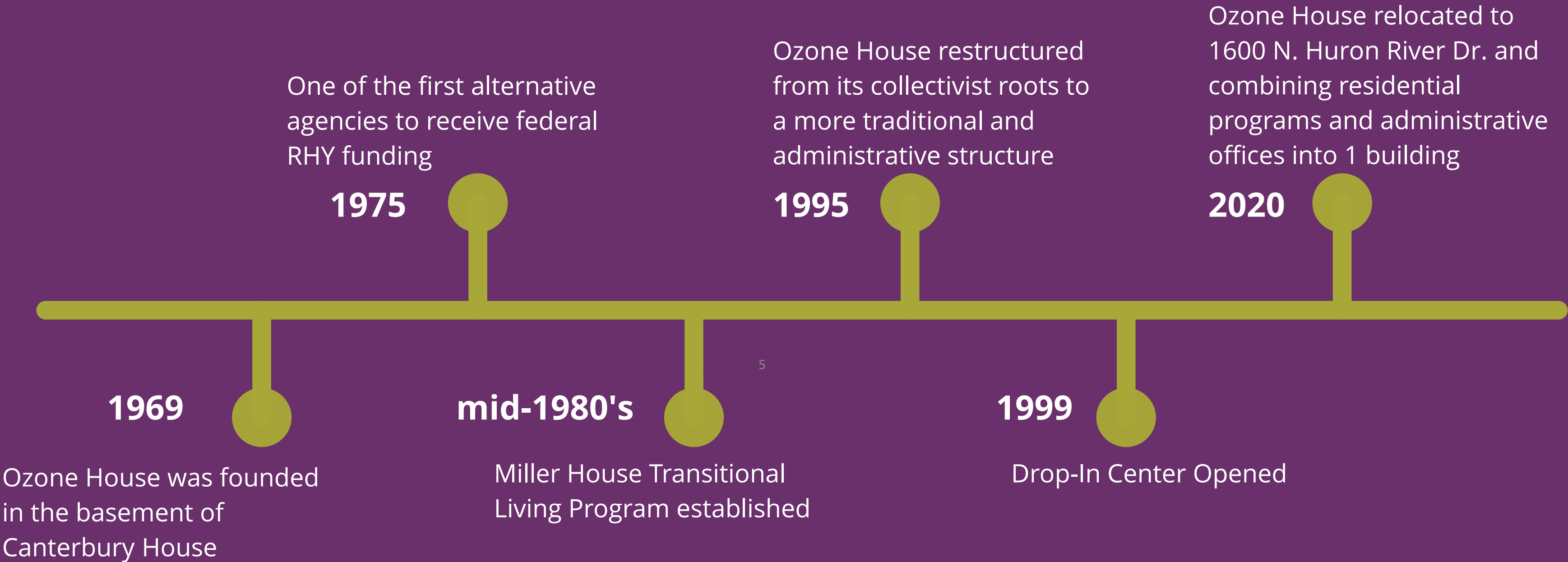
Ozone House aspires to end youth and young adult homelessness in Washtenaw County and surrounding communities



History of Ozone House



Timeline



We Serve *Youth and Young Adults* Who Are...

Homeless

An individual... for whom it is not possible to live in a safe environment with a relative, and who has no other safe alternative living arrangement

Runaway

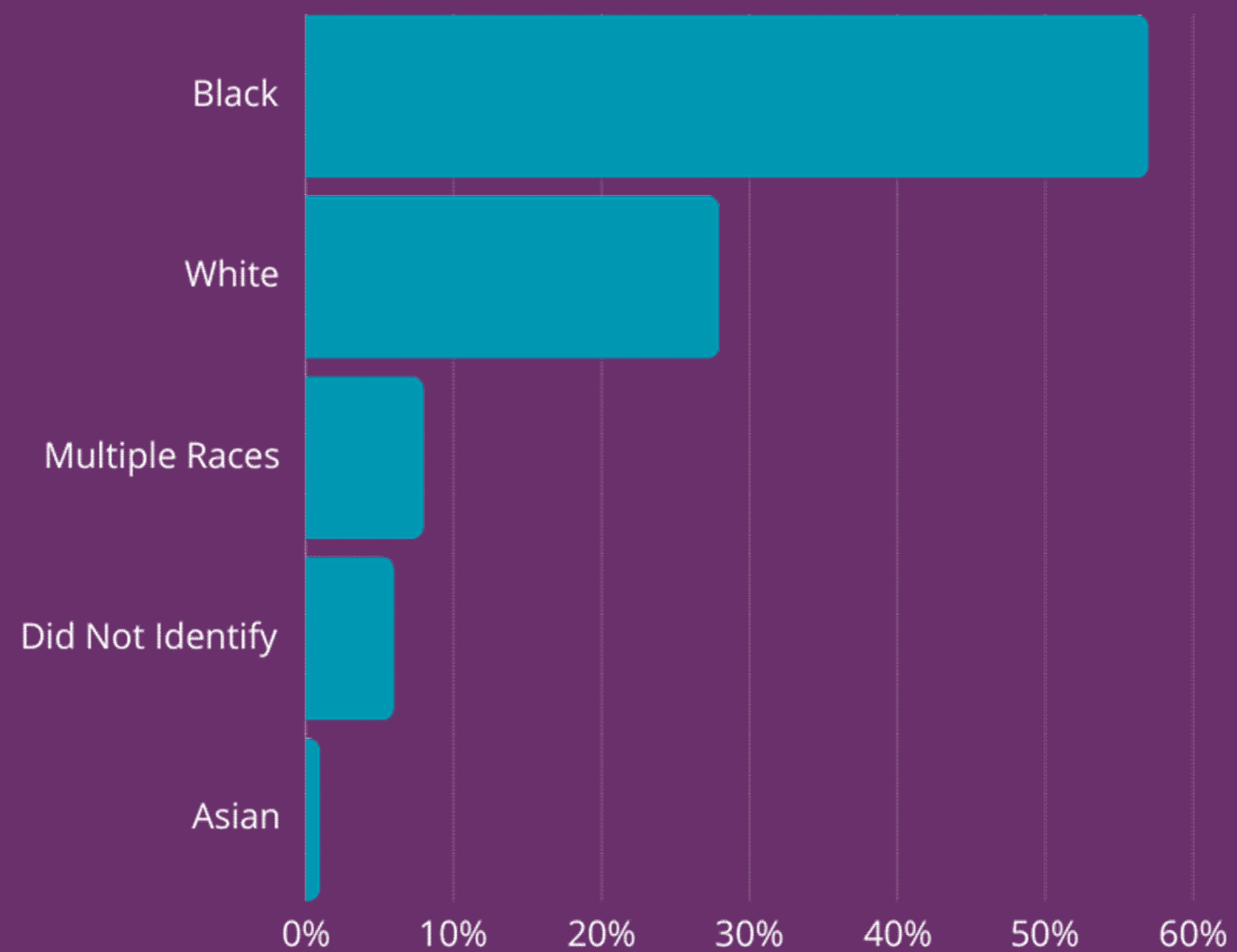
An individual who is less than 18 years of age and who absents himself or herself from home or a place of legal residence without the permission of a parent or legal guardian.

At-Risk of Homelessness or Running Away

6

An individual who is at-risk of being kicked out of the home due to family conflict, at-risk of juvenile justice or child welfare involvement, spends a significant amount of time on the street or in other areas that increase the risk to such youth for sexual abuse, sexual exploitation, prostitution, or drug and/or alcohol abuse.

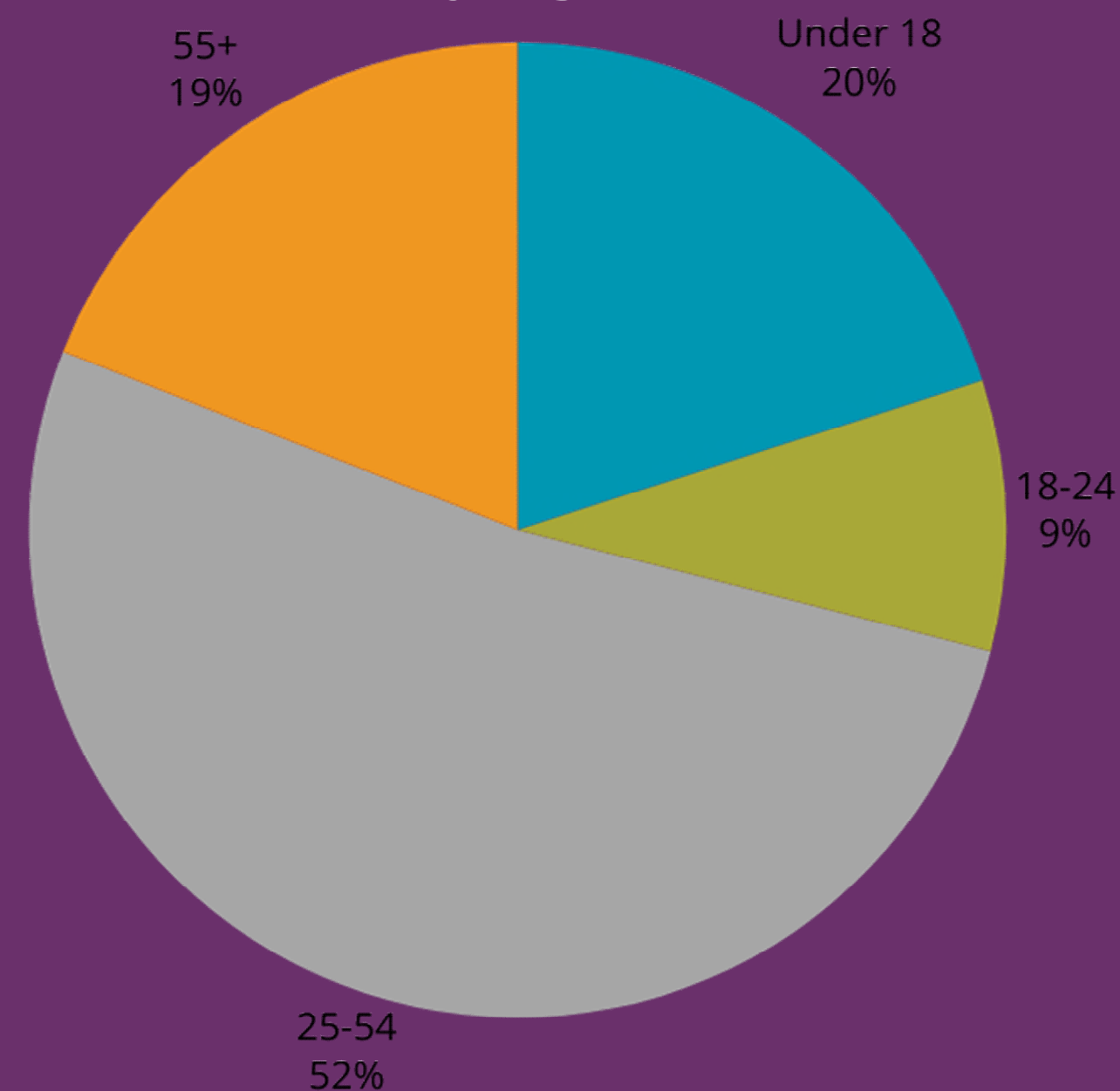
Who We Serve



Ozone House FY23 HMIS Data (N=267)

Homelessness in Washtenaw County

(by Age)



MCAH CY 2020 HMIS Data

Programs and Services

Education, Outreach, and Welcoming Department

- Drop-In Center
 - Day Services
 - After-School
- School Outreach
- Community Events
- 24/7 Crisisline & Intervention
- Education Project (partner w/WISD)
- Employment Support
 - WorkZone Internships
- Peer Outreach Workers
- PrideZone Support Group
- Basic/Immediate Needs

Housing and Supportive Services Department

- Case Management
 - Rapid Rehousing
 - Permanent Supportive Housing
 - Transitional Living Program
 - Prevention (minor youth shelter)
 - Family Unification Program (FUP) Vouchers
- Life Skills
- Counseling
 - Short-term (3 months)
 - Individual, family, group

Residential Services Department

- Safe Stay (Minor Youth Basic Care Shelter)
 - Ages 10-17
 - Up to 21 days
 - 6 beds
 - Parent *AND* Youth consent
 - Goal: Family Reunification
- Miller House (Transitional Living Program)
 - Ages 18-24 (intake by 22.5)
 - Up to 18 months
 - Congregate living
 - Goal: Independent Living
- MyTLP
 - Ages 16-18*
 - Up to 18 months
 - Goal: Bridge to MH/Independent Living

Millage Funded Activities

Residential and Non-Residential Services to homeless young adults 18-24.

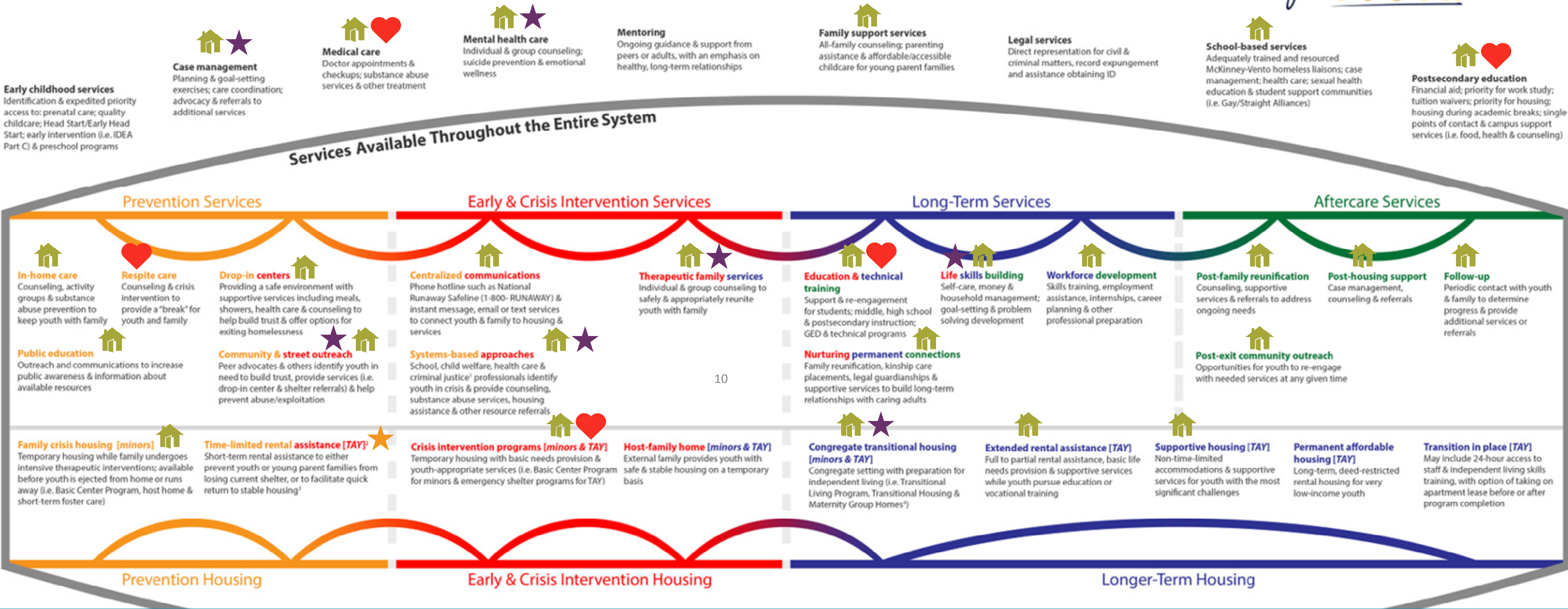
Services include:

- Intensive case management
- Life skills training
- Mental health/therapy
- Residential Youth Specialist support
- Screening and outreach
- Collaboration with housing partners
- ★ Financial assistance for diversion



Proposed System to End Youth and Young Adult Homelessness

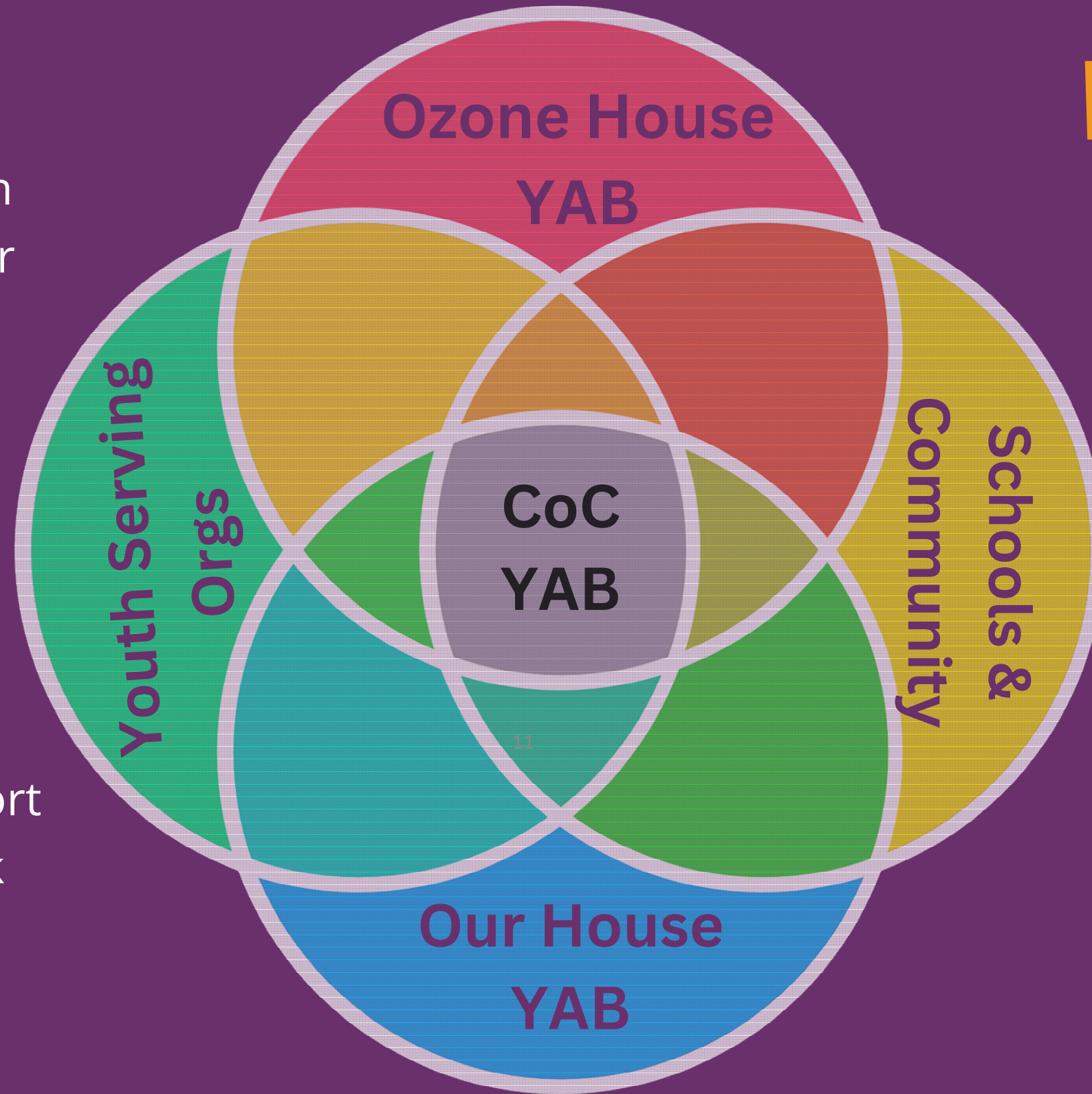
All support services & housing models should be implemented according to the following principles, defined on page 4:
Positive Youth Development, Trauma-Informed Care, Cultural Competence, Client Centered Care & Strengths-Based Family Services



Youth Advisory Board(s)

Ozone House

- Shared-decision making with young people on strategy for programs, services, and policies.
- Leadership and Advocacy Opportunities
- Stipends/Incentives for Meetings
- Participating in the Youth Driven Spaces Training Cohort with NZ to support our work
- Representatives from the Ozone House YAB will also serve on the CoC YAB



Washtenaw CoC

- Washtenaw Housing Alliance, Our House, and Ozone House are partnering to re-initiate the CoC YAB!
- Stipends/Incentives for Meetings
- Recruitment events for interested youth & young adults
- Composed of youth with lived experience of homelessness to provide guidance and make recommendations on how to improve services for youth and young adults.

Next Steps

Prepare

Scale up internal capacity including staffing, training, and enhance/maximize current programs and services.

Plan

Utilize Strategic Plan, community knowledge and research, and youth-driven input to identify gaps in services and areas of need

Partner

Work with CoC, YABs, and System Partners to apply for Youth Homelessness Demonstration Program (YHDP) through HUD

Produce

High quality programs and services that meet the identified needs of the young people experiencing homelessness in our community.

- Emergency Shelter for 18-24 yo
- Maximize TLP to 14 beds
- Consider option for minor respite care, juvenile detention re-entry/step-down, etc.
- Advocate for FYI Vouchers and provide supportive services





13

Thank you!

Please contact me with any questions or
for more information!

Kellie Rutledge
krutledge@ozonehouse.org