



Mission: To promote hope, recovery, resilience, and advance health equity in Washtenaw County by providing, high quality, integrated behavioral health services to adults and youth with intellectual/development disabilities, mental health and/or substance use needs.

**WASHTENAW COUNTY COMMUNITY MENTAL HEALTH (WCCMH)
MILLAGE ADVISORY COMMITTEE (MAC) MEETING
AGENDA**

***** In-Person at the Learning Resource Center-Michigan
Room**

**4135 Washtenaw Ave, Ann Arbor
or you may attend virtually at**

<https://zoom.us/j/96169983554>

June 9, 2025

3:30-5:00 pm

- I. Roll Call (5 minutes)
- II. Introductions (5 minutes)
- III. Audience Participation (see guidelines below) (5 minutes)
- IV. Committee Response to Audience Participation (5 minutes)
- V. Millage Advisory Committee minutes (5 minutes)
 - Millage Advisory Committee Meeting Minutes from 4/8/25 (Attachment #1) **ACTION**
- VI. Discussion Items (10 minutes)
 - Millage Process, Investments, and Progress Update **L. Gentz/T. Cortes**
 - Millage Dashboard (Attachment #2) **M. Tasker (attachment will be walked in at meeting)**
- VII. Financial Budget Update (15 minutes)
 - Financial Budget Update (Attachment #3) **N. Phelps**
- VIII. Old Business (10 minutes)
 - None
- IX. New Business (25 minutes)
 - Garret Space Presentation (Attachment #4) **S. Halpert/D. Garcia**
 - WISD Bridge Team Presentation (Attachment #5) **D. Green**
- X. Items for Future Discussions (5 minutes)
 - Millage Investment Plan
 - Washtenaw Coordinated Funding Partnership Update
 - CHRT gaps analysis
- XI. Adjournment (Next Millage Advisory Committee Meeting: August 11, 2025)

Audience Participation Guidelines:

- Three (3) minutes are allowed per speaker
- Speakers are asked to bring a copy of their concerns/comments in writing
- Resolutions on issues will be brought to the appropriate committee as necessary



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VIRTUAL MEETING LINK IS:

Join from PC, Mac, iPad, or Android:

<https://zoom.us/j/96169983554>

Phone one-tap:

**+16465189805, 96169983554# US (New York)
19292056099, 96169983554# US + (New York)**

Join via audio:

**+1 646 518 9805 US (New York)
+1 929 205 6099 US (New York)
+1 267 831 0333 US (Philadelphia)
+1 312 626 6799 US (Chicago)**

Webinar ID: 961 6998 3554

International numbers available:

<https://zoom.us/j/96169983554>

Audience Participation Guidelines:

- Three (3) minutes are allowed per speaker
- Speakers are asked to bring a copy of their concerns/comments in writing
- Resolutions on issues will be brought to the appropriate committee as necessary

**WASHTENAW COUNTY COMMUNITY MENTAL HEALTH AGENCY (WCCMH)
WCCMH MILLAGE ADVISORY COMMITTEE MEETING MINUTES DRAFT**

April 14, 2025

Learning Resource Center-Michigan Room (in person)

<https://zoom.us/j/99392005929> (virtual)

3:30–5:00 pm

Somerville called the meeting to order at 3:32 pm.

ROLL CALL:

- A. Carlisle attending in person
- H. Heaviland attending in person
- S. Petty attending virtually
- M. Radzik attending in person
- R. Rion attending in person
- A. Somerville attending in person
- G. Waddles Jr attending in person

MEMBERS ABSENT: A. Dusbiber, A. Rooks, M. Udow-Phillips, B. Higman

STAFF PRESENT: R. Avedisian, T. Cortes, M. Harding, L. Gentz, N. Phelps, E. Montgomery

OTHERS PRESENT: L. Lutomski, M. Turner, S. Jones, E. Spanier, M. Creekmore, T. Gavalier

- I. Introductions
 - S. Jones, M. Turner from Packard Health were introduced to the Committee.
- II. Audience Participation
 - None
- III. Committee Response to Audience Participation
 - None
- IV. Millage Advisory Committee Minutes and Actions from 2/10/2 (Attachment #1)
 - Millage Advisory Committee Minutes and Actions from 2/10/25, was reviewed.

MOTION BY H. HEAVILAND, SUPPORTED BY G. WADDLES JR TO RECOMMEND APPROVAL OF THE MINUTES AND ACTIONS FROM THE FEBRUARY 10, 2025, MILLAGE ADVISORY COMMITTEE MEETING AS PRESENTED.

ROLL CALL VOTE:

DUSBIBER	N/A	CARLISLE	Y
HEAVILAND	Y	HIGMAN	N/A
PETTY	Y	RADZIK	Y
RION	Y	ROOKS	N/A
SOMERVILLE	Y	UDOW-PHILLIPS	N/A
WADDLES JR.	Y		

MOTION CARRIED

- V. Discussion Items
 - Millage Process, Investments and Progress Update
 - L. Gentz presented the Millage Process, Investment and Progress update to the Committee.

- CARES/CCBHC Data Report
 - M. Tasker provided and update on the CARES/CCBHC Data Report to the Committee.
- VI. Financial Budget Update
 - Financial Budget Update (Attachment #2)
 - N. Phelps presented the CMH Millage Fund Income Statement 2023 & 2024, to the Committee.
- VII. Old Business Washtenaw County Sheriff's Office (WCSO) Millage and Financial Status Update
 - None
- VIII. New Business –
 - Millage Data Report Format (Attachment #3)
 - L. Gentz & E. Spanier provided an update on the New Millage Data Report Format to the Committee.
 - Packard Health Black Men's Mental Health Ambassadors Program (Attachment #4)
 - M. Turner & S. Jones presented on Packard Health Black Men's Mental Health Ambassadors Program to the Committee.
- IX. Items for Future Discussions
 - Millage Investment Plan
 - Washtenaw Coordinated Funding Partnership Update
 - CHRT gaps analysis
 - WCSO updates

MOTION BY A. CARLISLE, SUPPORTED BY H. HEAVILAND TO ADJOURN THE WCCMH MILLAGE ADVISORY COMMITTEE MEETING.

Meeting adjourned at 4:13 pm.

Washtenaw County Community Mental Health - Millage Advisory Committee
Millage Financial Update - For Four Months Ending April 30, 2025

Budget to Actuals				
	<u>Annual Budget</u>	<u>Budget YTD</u>	<u>Actuals YTD</u>	<u>Actuals YTD Over/(Under) Budget YTD</u>
Community Wide Service Expansion				
<u>CARES Team</u>				
Access & Triage	\$ 720,000	\$ 240,000	\$ 246,717	\$ 6,717
Treatment & Stabilization Services	820,000	273,333	283,131	9,798
Crisis Response	860,000	286,667	296,190	9,523
Other CARES Team	450,000	150,000	111,595	(38,405)
<u>Criminal Justice Diversion & Deflection</u>				
WCCMH Staffing - LEADD/Jail Services	\$ 450,000	\$ 150,000	\$ 95,205	\$ (54,795)
Prosecuting Attorney Office	155,000	51,667	53,370	1,703
<u>Supportive Housing</u>				
Avalon - Permanent Supportive Housing	\$ 363,509	\$ 121,170	\$ 176,097	\$ 54,927
Michigan Ability Partners	252,124	84,041	90,045	6,004
Ozone	238,689	79,563	78,013	(1,550)
Ypsilanti Housing Commission	140,144	46,715	70,071	23,356
Shelter Association of MI	85,443	28,481	78,157	49,676
Emergency Housing	250,000	83,333	73,022	(10,311)
<u>Youth Initiatives and Support</u>				
Washtenaw Intermediate School District	\$ 803,879	\$ 267,960	\$ 240,077	\$ (27,883)
Student Advocacy Center	380,672	126,891	126,890	(1)
Garrett's Space	373,306	124,435	59,434	(65,001)
Packard Health - YBMen	235,397	78,466	125,000	46,534
Community Family Life Centers	158,250	52,750	79,419	26,669
Washtenaw Area Council for Children	85,047	28,349	28,655	306
All Other Youth Initiatives and Support	250,000	83,333	-	(83,333)
<u>Other Service Expansion</u>				
Jewish Family Services	\$ 385,642	\$ 128,547	\$ 90,556	\$ (37,991)
Health Dept - Healthy Neighborhoods	210,811	70,270	64,055	(6,215)
Washtenaw Health Plan	198,438	66,146	66,146	-
Ypsilanti District Library	176,522	58,841	14,848	(43,993)
Women's Center of Southeastern MI	79,803	26,601	26,400	(201)
All Other Service Expansion	500,000	166,667	-	(166,667)
TOTAL Community Wide Service Expansion	\$ 8,622,676	\$ 2,874,225	\$ 2,573,093	\$ (301,132)

Budget to Actuals

	Annual Budget	Budget YTD	Actuals YTD	Actuals YTD Over/(Under) Budget YTD
Education & Prevention				
NAMI Contract	\$ 189,223	\$ 63,074	\$ 47,306	\$ (15,768)
Health Dept - Anti Stigma Campaign	170,000	56,667	16,654	(40,013)
Miles Jeffery Roberts Foundation	45,000	15,000	-	(15,000)
Issue Media Group	12,000	4,000	2,000	(2,000)
TOTAL Education & Prevention	\$ 416,223	\$ 138,741	\$ 65,960	\$ (72,781)
Evaluation & Communication				
CHRT Contract	\$ 239,960	\$ 79,987	\$ 54,057	\$ (25,930)
TOTAL Evaluation & Communication	\$ 239,960	\$ 79,987	\$ 54,057	\$ (25,930)
Administration of the Millage				
WCCMH	\$ 650,000	\$ 216,667	\$ 208,415	\$ (8,252)
5 Healthy Towns (Planning)	25,000	\$ 8,333	-	(8,333)
National Assessment Center	20,660		6,886	6,886
TOTAL Administration of the Millage	\$ 695,660	\$ 225,000	\$ 215,301	\$ (9,699)
Grand Totals	\$ 9,974,519	\$ 3,317,953	\$ 2,908,411	\$ (409,542)



Scott Halpert
Co-Founder, President of the Board

Dave Garcia
Executive Director



LOCAL
4

Expect More.



Who We Support



- Addressing the gap between inpatient hospitalization and outpatient therapy, particularly for young people navigating major life transitions
- Target population - young adults ages 18 to 28 living with depression, anxiety, and/or suicidal ideation who need something more than regular visits to their therapists
- Referrals from in-patient facilities as a step-down, therapists and family members



Our Wellness Groups

- Currently offer 3 professionally-facilitated virtual support groups at no cost to participants, plus monthly in-person meetups and a new nature/movement in-person offering thanks to millage funding!
- A safe space, peer support, and trying new coping skills like breathing and movement exercises
- For young adults who may be isolated and can benefit from community, connection, and seeing they're not alone in their struggles

“Garrett's Space isn't just a group. It's not too good to be true. It is exactly as it says it is and so much more. Garrett's Space has helped me be excited for group next time. Which turned into, I am excited for Tuesdays because that's group day. Now, I am excited for next week. I didn't think it was possible for me to be excited about the future, but I am. One week at a time.” - Wellness group participant, shared with permission



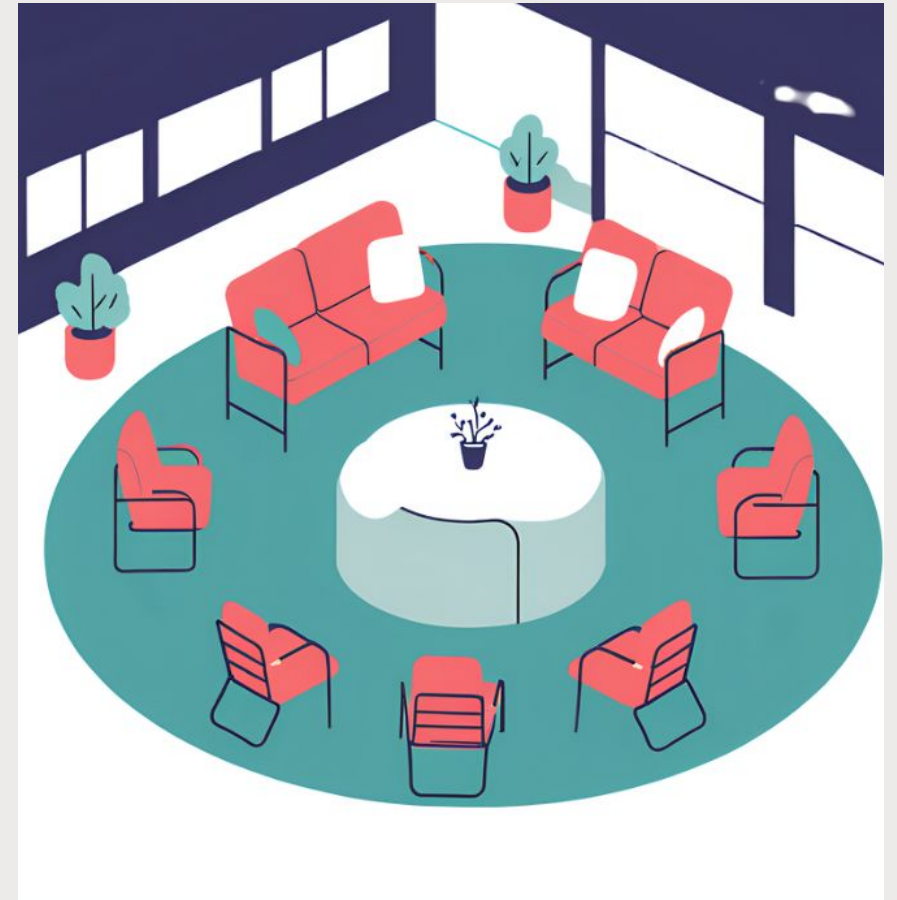
Your support through the mental health millage is helping us expand our programs!

- In January, we launched a new monthly in-person activity series for our wellness group participants that bridges yoga, nature, and mindfulness
- Hosted in nature at local parks or a yoga studio, often ending with a community-building element such as coffee at local hangouts like York
- Participants have given great feedback and often continue to hang out and support one another after our staff leave
- Thank you for making this program expansion possible!



More ways in which millage funding will support our work this year...

- We welcomed Dave as Executive Director this past April, who will help us build out our program plans and future strategy
- Upcoming renovations to convert a garage on our property to a programming space
- Bringing our new monthly nature and movement offering to our property
- Adding a fourth in-person support group
- Contracting with a consultant to explore insurance reimbursement as part of our funding model
- Helping us continue to provide our wellness groups free of charge to struggling young adults in our community



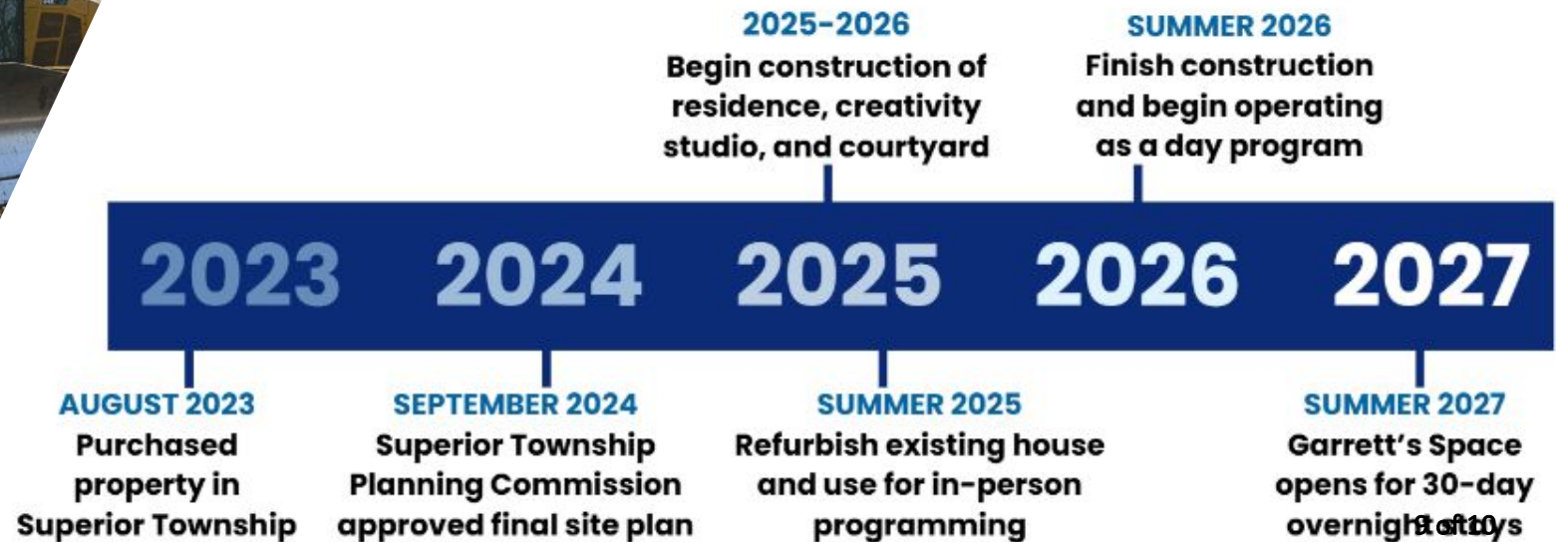


The Garrett's Space Campus

- We'll serve young adults for 30-day overnight stays, day programs, and virtual support groups
- A space for peer support and community, connections, learning new coping skills, and participating in healing activities like yoga, music, art, meditation, poetry, nature hikes, and more
- Wrap-around support: participants will continue to see their therapists and/or prescribers via telehealth
- Will operate on a sliding scale to increase access to care
- We're creating a replicable model that can be implemented in other communities and for other age demographics







**Thank you for helping
bring hope to life!**





Washtenaw I S D
A REGIONAL EDUCATIONAL SERVICE AGENCY

Bridge Clinical Team

2024/25



WISD Committed to Our Mission, Vision and Equity Values

MISSION:

Washtenaw ISD educates, serves, and advocates with students, families, schools and the community. We disrupt racial inequities, build just educational systems, and expand access for all learners. We value human potential while striving to support current and future generations of Washtenaw County to enrich as many lives as we possibly can.

EQUITY POLICY:

“We will hold ourselves accountable for the ways in which we are able to address the challenges of underperformance for groups of students who have been traditionally marginalized and denied access and opportunity.”

A decorative graphic consisting of two overlapping parallelograms, one blue and one green, pointing towards the right.

BRIDGE PROGRAM

Mission & Vision

Our mission is to support the physical, mental, and emotional well-being of K-12 students throughout our community.

Our vision is to empower students, families, and educators by expanding intervention strategies to increase mental well-being for academic success.



WHO WE SERVE

- Primarily general education learners
- Learners who still require support beyond Tier 1, Tier 2 interventions
- Learners who have recently transitioned in and out of different levels of care
- Learners who have multiple extenuating circumstances that require the support from multiple entities and systems





Statistics

Direct Service: Individual therapy, group therapy, crisis intervention.

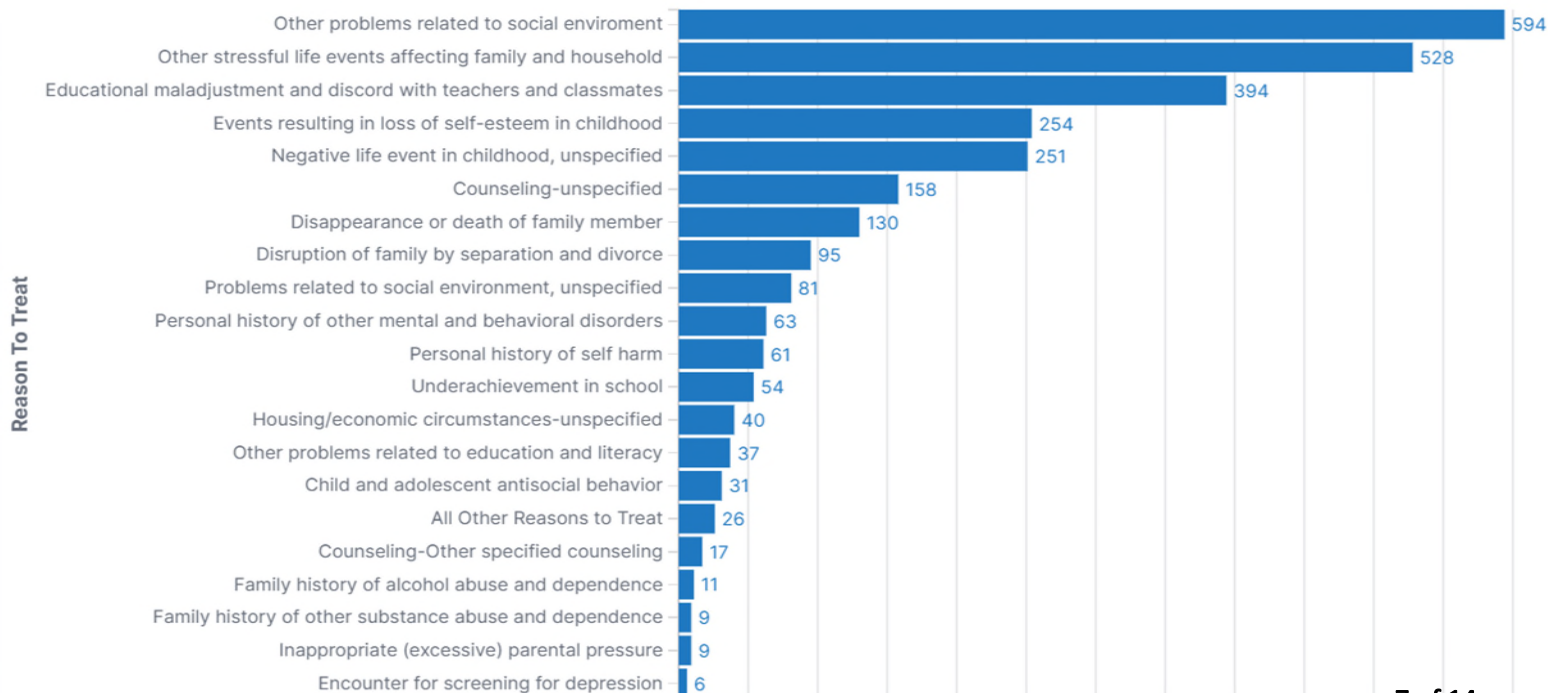
- **447 referrals**
- **409 students served**
- **109, 075 direct service minutes**
- **26 minutes average duration**
- **Top referral reasons:**
 - **Low self-esteem**
 - **Trauma/Neg. life events**
 - **Anxiety**
 - **Grief and loss**
 - **Behavior Challenges**

Indirect Service: Consultation support, Meetings, Multidisciplinary meetings, CISM, IEP attendance, etc.

- **581 indirect encounters**
- **53,476 indirect service minutes**
- **92 minutes average duration per encounter**

Post Screening/Assessment

CN: Reasons to Treat (Top 20) ⓘ





Referral Process

- Notify student and/or parent of your desire to refer to the Bridge program
- Complete Script referral

Next Steps:

Our Coordinator will contact the referring person

Then, the District MOU Point of Contact is notified after a level of care is determined

If you have a student in need please visit our website: [Bridge Team - Community & School Partnerships - Collaborations - Washtenaw ISD](#)

Or scan :





Community Partnership Services: Handle with Care

So far in the 2024-25 school year, we've received **506 HWC notices** across the county that involve **716 young people**

School	Total
Community	1
Huron	18
Pathways	11
Pioneer	13
Skyline	18
Chelsea	2
Dexter	7

School	Total
Lincoln	24
Manchester	8
Milan	1
Saline	12
Saline Alt.	4
Whitmore Lake	3
ACCE	32

School	Total
Ypsilanti	32
WAVE	14
ECA	2
WIHI	4
WTMC	0

Community Partnership Services: Parent Education Workshops

- Free, monthly, virtual workshops for any parent, caregiver, or school staff in the county.
- 2nd Tuesday of the month from October-May
- Monthly flyers can be found in *Mental Health Matters* newsletter
- Workshops are recorded and can be found on [WISD website](#) (scroll down to Parents/Guardians)



MARCH MENTAL HEALTH WORKSHOP FOR PARENTS

"When Your Child Refuses to Go to School"

School refusal is not just a problem for children, but a family issue. Join Becky Thomson, PhD, from Thriving Minds, as she discusses school refusal and what works to support children in overcoming the stress and anxiety of attending school. We'll explore personal actions adults can take to help children build confidence, respond effectively to discomfort, and take gradual steps towards consistent school attendance.



BECKY THOMSON, PhD

Scan to register or visit
<https://bit.ly/MHParentWorkshops>



You only need to register once for the 2024-25 series of workshops

TUESDAY
MARCH 11, 2025

ON ZOOM
7:00-8:30 PM

All workshops are free and open to Washtenaw County parents, caregivers, and school staff.

734-954-8100 x2177
snovara@washtenaw.k12.mi.us



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Community Partnership Services: Mental Health Mini Grants

- Available every fall. High schools and middle schools can apply for up to \$5,000 and elementary schools can apply for up to \$2,500
- Project must encourage student voice and choice, encourage students who typically don't participate in mental health activities, and facilitate student connection with trusted adults.



Community Partnership Services: TRAILS, Care Solace, and Mindfulness Curriculum

TRAILS

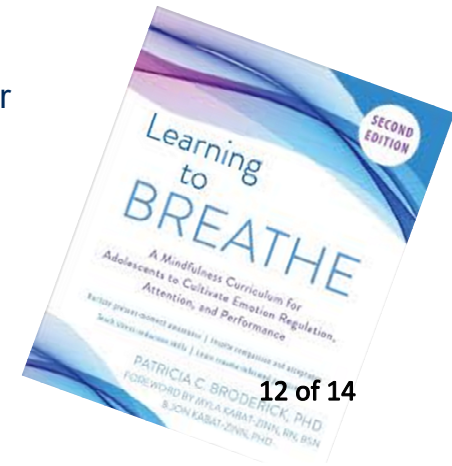
- Tier 1: Social-Emotional Learning Curriculum – free training available for anyone
- Tier 2: CBT/Mindfulness Groups – free training available for school mental health professionals
- Tier 3: Suicide Risk Assessment – free training available for everyone (different trainings for different audiences)

Care Solace

- Consortium Liaison to Care Solace
- Contact me if have any questions or concerns
- Unreachables/Declined service students are good candidates for Bridge Team!

Mindfulness Curriculum

- Developed by Washtenaw County educators
- **Intended to be an elective course for high school students**
- Semester and trimester formats available
- Available now!



Community Partnership Services: Mental Health Matters Newsletter

Do you receive the monthly “Mental Health Matters” e-mail newsletter?

If not, please send me an email with your name, role, and school and I’ll add you!

snovara@washtenawisd.org

The screenshot shows the 'Mental Health Matters' newsletter for February 2025. At the top is the Washtenaw ISD logo. Below it is a header image with stacked stones and a white flower, with the text 'Mental Health Matters' and 'Mental Health News for Washtenaw Schools'. A 'Table of Contents' sidebar lists items like the February Mental Health Workshop, WMBK Black History Month Student Essay Contest, AAACF's Youth Council Now, and more. The main body features a section for the 'February Mental Health Workshop for Parents and Caregivers' on February 11 at 7:00 p.m., mentioning The Corner Health Center's Youth Leadership Council and providing a link to a PDF of the flyer.

Table of Contents

- February Mental Health Workshop for Parents and Caregivers
- WMBK Black History Month Student Essay Contest
- AAACF's Youth Council Now Accepting Grant Applications
- Free Mental Health Resources for Schools
- WISD's Bridge Team
- Trauma-Informed Training: The Neurological Response to Trauma
- Looking for an Alternative to Suspension for Substance Use?
- Professional Learning Opportunities

Washtenaw ISD
A REGIONAL EDUCATIONAL SERVICE AGENCY

Mental Health Matters
Mental Health News for Washtenaw Schools

February 2025

February Mental Health Workshop for Parents and Caregivers

We are so excited about our next Mental Health Parent Workshop on February 11 at 7:00 p.m. [The Corner Health Center's Youth Leadership Council](#) will be joining us to talk about "What We Wish Parents Knew". As always, this is a free workshop for parents on Zoom. Thank you in advance for sharing [this PDF of the flyer](#) widely with parents and caregivers. Click [here](#) for a version that can be shared on social media and in your parent newsletter. Parents only need to register once to be notified of all workshops in the series. Click [here](#) to view recordings of past workshops ([Scroll down to Parents \(Caregivers\)](#)).

Questions?

ATTACHMENT #5
JUNE 2025

